



EastView - Levels of Care

For MeadowSweet and GardenSong Residents

These descriptions give a brief overview of the standard care provided for each Level of Care (LOC). The LOC will be determined by the Director of Health Services and is based on the nursing acuity assessment. This assessment offers a detailed description of the resident needs upon admission. Our nursing team reviews this assessment bi-annually and with any significant change in health status.

<u>Level A</u> (included)	<u>Level B</u> (includes Level A) \$1,223/month	<u>Level C</u> (includes Level A-B) \$2,151/month	<u>Level D</u> (includes Level A-C) \$3,072/month	<u>Level E</u> (includes Level A-D) \$3,994/month
<ul style="list-style-type: none"> • Weekly linen changes and personal laundry • Weekly housekeeping • Three healthy meals and snacks per day • Daily wellness check • Annual nursing assessment • Periodic nursing assessment for acute needs • Medication ordering and set-up • Daily medication reminders • End-of-life support • Nursing Acuity score: 0-10 	<ul style="list-style-type: none"> • Communications with health care providers / managing appointments • Daily reminders for meals and activities • Personal assistance with phone / mail, etc. • Reminders and preparation for bathing, dressing, and grooming • Medication administration (automatically assigns Level B regardless of acuity score) • Nursing Acuity score: 11-16 	<ul style="list-style-type: none"> • Serving assistance with meals & menu selection • Bathing, dressing, and grooming cueing or hands-on assistance • Scheduled assistance with personal hygiene & incontinence products • Monitoring and assistance with mobility aids • Nursing Acuity score: 17-24 	<ul style="list-style-type: none"> • Support & redirection related to memory loss or anxiety • Frequent consultations with nurse and members of interdisciplinary team • Increased monitoring for safety concerns including fall risk and elopement • Nursing Acuity score: 25-32 	<ul style="list-style-type: none"> • Support and intervention with challenging behavioral symptoms • Extensive assistance with personal care • Nursing Acuity score: 33-40 <p style="text-align: center;"><i>*Please see the Levels of Care document that reviews the State requirement for a variance (on reverse).</i></p>

An additional person adds \$1,795/month at Care Level A, and corresponding costs for any level above A.

A variance adds an \$1,590/month.



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CHANGES TO LEVELS OF CARE

Changes to Level of Care (LOC) occur for many reasons, including (but not limited to) disease progression, new diagnoses, or new symptoms. The new LOC will be assigned when the care needs of a resident have increased or decreased and *stabilized*. For example, a LOC will not be increased if the resident sustains an injury and requires additional help for a short period of time (less than 3 months). If it is determined that the additional care needs will be ongoing (chronic), the LOC will be increased to the appropriate level following a Care Conference with the Nursing Team and the resident (and/or resident representative) to discuss the changes.

SKILLED NURSING

EastView at Middlebury is a Level III Residential Care Home. We are regulated by the Vermont Department of Licensing & Protection and the Department of Disabilities, Aging, and Independent Living. **Level III Residential Care Homes are licensed to provide room and board, assistance with personal care, general supervision and/or medication management, and nursing oversight.** Level of Care E indicates that the resident meets criteria for skilled nursing, which is beyond the care we are licensed to provide. Upon meeting these criteria, we may feel we have the capacity to provide the care needed for a temporary period of time and would thus move forward with documenting how we would provide this care, review and discuss any cost considerations with the family, and if acceptable, we would request a variance from the State to enable the resident to continue to live at EastView. If we do not have the capacity to support the resident with a variance, we would begin assisting the resident and family with the process of locating a skilled nursing facility that best meets the resident's needs. Even if we do request and receive a variance, the family will need to proceed securing a space on a waitlist at a skilled nursing care facility as the variance only supports temporary residence.

VARIANCE REQUESTS

A variance allows us to provide temporary care to someone who requires skilled nursing care. There are several conditions that we must meet in order to support a variance. Should the State deny the variance request, or we can no longer meet the necessary requirements, we will assist your family in finding a skilled nursing facility. ***A variance adds \$1,590/month.***

OUR PROMISE TO YOU

There should never be any surprises when it comes to additional costs or changes in the level of care. Upon admission, we will schedule a 30-day care conference to ensure the correct level of care has been assigned. We will hold annual care conferences with the care team (resident, family, nursing team, additional members as needed), and additional care conferences as needed with any significant changes in resident care needs. You can reach out to the nursing staff at any time with questions or concerns, or even just a quick check-in.