



Do you have a childhood holiday tradition that you would like to share? If so, send it along to any of us ASAP. It will be published in the December EVB. - *The Buglers:*

Lee A.
Phil C.
Max K.
Paul S.

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Lois K.
Russ L.
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Volunteering Within Our Community

The Buglers

Look around you and you will see many residents who have volunteered and/or who are volunteering to make EastView the vital community it is. Whether it is pitching in to head up a committee or being active on a committee, serving on the Residents' Council, giving cooking or art classes, sharing one's musical or professional talents, filling in as an exercise instructor, hanging art shows, giving lectures, organizing Great Decisions speakers, taking care of the various gardens and flower beds, organizing hikes, maintaining the library, cataloguing nature sightings, helping out in Dining, reading in GardenSong...the list goes on and on. It is the volunteer spirit and enthusiasm here at EastView that is truly the foundation of who we are as a community.



Volunteerism at EastView

Lois K.

Many, maybe most of us, have volunteered our services through the years, some locally in our communities, some nationally.

We have a wonderful recycled clothing store in Middlebury called Round Robin. It was created by Deb V. in 1973 to raise money for Porter Hospital. It has been and continues to be an important source of revenue for them. Ginny M. also is involved there. Ron and Nancy R. are long time volunteers at the Sheldon Museum. Some of us have also helped serve a wonderful Christmas Dinner at the Commons. Many of us write post cards to encourage voting. Some of us have worked for years in many ways to support the Town Hall Theater—from ushering to bar tending to serving on the board. Some of us volunteer here at EastView to care for the gardens, read to people in Garden Song, or walk with Meadow Sweet residents. A few of us work in a program at Mary Hogan School called “Everybody Wins”. It is a mentoring program where you meet with a student for one hour a week to share reading or word games.

The ultimate volunteer is Dottie N. She has served on the Middlebury School Board, Court Diversion, Parent Child Center, Porter Hospital, and is still mentoring for the Counseling Service for kids whose parent is incarcerated. But her constant effort has been creating and continuing to supervise the Friday Night Community Suppers. She started it in 2005 with a meal for twenty-five food insecure people at the Congregational Church. It is now serving over 300 people every Friday night. Volunteers prepare and deliver meals. Since Covid the meals are not served in the dining room. They are either picked up or delivered to the elderly and families. Dottie is there every Friday night. Her attitude is “people who come for supper are our guests.” Her attitude toward volunteering is, “Everyone can do something. Do what you enjoy.”

Susan & Larry R.

A high school movie date started a life long romance for Susan and Larry. They grew up in Tenafly, NJ, a commuting town only 20 minutes to New York City, which meant dates touring museums, going to Broadway shows, Yankees games, Madison Square Garden plus doing all the tourist attractions like the Staten Island Ferry or just getting on the subway and getting off at random stops to explore. Local summer and other odd jobs fueled their fun.

But then Larry disappeared to some small place called Middlebury College in Vermont. He met classmates who would become lifelong friends. He played soccer and basketball, studied hard and wrote daily letters to Susan, soon to graduate from Tenafly High School and to attend Allegheny College in Pennsylvania.

After hundreds of letters back and forth between Middlebury and Allegheny, a big joint family council was held. It was decided that Susan should transfer to Middlebury and unbelievably that Larry and Susan could get married. Larry calls it his best sales job ever. St. Mary's Church, Middlebury, VT, February 11, 1962, marks their special moment.

Their first apartment was at 50 Court Street (Rt.7) and their second one was Adirondack View, an apartment over Professor Russell Sholes' garage. They started a birthday cake concession, made up flyers to mail to parents, had cakes made on Bakery Lane, and even had to hire other students to help deliver the cakes. It was a cash machine.

After graduation and with cake money, they bought a red convertible. They moved to Hartford, CT, and then to Ramsey, NJ; Park Ridge, NJ; Wilton, CT; Minneapolis, MN; Chicago, IL (twice); and Tucson, AZ. To their delight, Brad arrived, followed by Julie. Then, six special grandchildren. They, too, have the wanderlust and their adventures have become their grandparents' adventures.

Susan became a pro at leading PTA chapters and returned to school after the children left home. She graduated with honors from the University of Minnesota, then received a Masters in Social Work from Loyola of Chicago. Her social work concentrated on child abuse and neglect. She traveled all over Chicago no matter how dangerous the neighborhood. During the AIDS epidemic, she became part of the AIDS team at Northwestern Memorial in downtown Chicago and worked with Hospice patients. It was tough, grueling, draining work yet she felt lucky to be of service to these patients in need.

Larry's career started at TIAA-CREF in New York where he soon became a Vice-President but then was recruited to Towers Perrin, an international consulting firm with offices located around the world. Their client base was Fortune 500 companies many for which Larry consulted. Later in his career he became involved in Senior Management and served as a Director of the firm. He retired early for health reasons to a warmer, drier climate in Tucson, Arizona.

In Tucson, Susan again focused on Hospice work before joining Larry as a Mentor/Tutor in the Tucson public school system. It was rewarding, special work particularly when most of the children were in their first English language learning environment. They are still in touch with Freddy, a boy Larry mentored and tutored, who is now a US Citizen, college graduate, and teacher.

On May 4, 2021, Susan and Larry moved into EastView. Their hearts are here. Now the full circle from Middlebury and back to Middlebury is completed.



November Birthdays

Nina B.	11/3	Bill R.	11/13	Martha D.	11/20
Barbara C.	11/10	Max K.	11/15	Ed S.	11/28
Frank W.	11/10	Bob A.	11/16	Betsy L.	11/28
Ann B.	11/12	Bob R.	11/18	Gail B.	11/28
Victor N.	11/13	Betsy G.	11/19		



*Remember to set your clocks back on Saturday.
Fall back ... Spring forward*

Volunteering at the Maritime Museum

Peter B.

Growing up on Long Island next to Manhasset Bay, which was a sailing capital for the community, I was exposed to the pleasures of boating at the young age of 15. Later, I began boatbuilding while living in Annapolis, MD and taught woodstrip canoe building at the John Gardener School of Boatbuilding.

After moving to EastView, I started volunteering at the Lake Champlain Maritime Museum boat building shop, where the 6 oared pilot gigs come from. The builders (plank owners) come from local high schools in the area and learn wood boat building skills while building self esteem. As a mentor in this program, I have had the opportunity to work one on one with the students. It has been very rewarding for me to know that some of my skills will live on with others. Also, it is enjoyable for me to use some of my grandfather's tools which are well over 130 years old and show that they still work well.

Even when the museum is closed to the public, I still volunteer there every Thursday during the school year. I work mentoring the students as they build a pilot gig which is launched in the spring. Because the students are focused on building a boat, it gives the mentors the opportunity to build self esteem in the builders. After building four boats, I say this as a witness. Everyone in the boat shop knows this to be true, too. We volunteer because we love boats and we see how this love touches each of our boatbuilders. That makes our lives worthwhile.



The "Frank B." - named after Peter's father



Peter gives EV residents a tour of the Maritime Museum shop

Two Rewarding Volunteer Jobs

Michelle J.

After my husband passed away in July 2019, I started volunteering to keep busy. I played the piano every other week for Garden Song and MeadowSweet, but Covid put an end to that. I was completely alone, cut off from my family (children and siblings) in Canada, and from interacting with others in EastView. Fortunately, in May 2020, I was introduced to a lovely family living in Starksboro, VT and have continued to help them.

The first year, I taught piano and French to four of the five children. Also because the mother often worked late, I cooked dinner, made sure the children were fed a nourishing meal, and cleaned up the kitchen. Between January and August of 2022, I prepped and painted six rooms and the hall way. Lately, I have been volunteering 3 days per week from 1PM-8:30. Mostly, I have done cleaning and cooking because the mother works many twelve hour days.

I also volunteer for four hours two days a week at Round Robin Resale Shop in the Marble Works. During the store closure for Covid in 2020, I worked repairing walls, painting and applying flower decals in the dressing rooms. Now, my volunteer time is spent repairing, ironing, detailing clothing, and often dressing mannequins. Sometimes I attend the main desk and am able to practice speaking my French, Spanish, and English. Often, I fill in when another volunteer can't come to work. I was taught to close the day which meant adding the credit card sales, the cash and check sales and preparing a bank deposit. Furthermore, I was given a key and full trust to be alone in the store. I enjoy volunteering at this Resale Shop and the manager gives me many things for my Starksboro family.

I am grateful to have these two wonderful volunteer jobs where I am appreciated and loved.

Volunteering at Addison Field and Fair Days

Nancy Lee R.

When I was asked to write an article about volunteering my first thought was that I don't really volunteer. Then after a few minutes my thoughts turned to how engaged and involved I was in various organizations, clubs, and groups. Becoming engaged is in reality volunteering.

While living in Maryland I was very involved in the Maryland State Fair: demonstrating, entering various categories, and judging. I won so many awards in the Canning Department that the Ball Company asked me to be on their advisory committee.

Fast forward to May 2022 when we moved to EastView. A friend mentioned that Addison Field and Fair Days was looking for a superintendent for the Food Department. I agreed to do that and my friend was elated.

The Field and Fair Days happens the first week in August so there was not much time to get everything accomplished. The first-in-person meeting in late June with the other superintendents for the Home and Garden Department made my head spin. What have I gotten myself into? But, they were welcoming and very supportive, expressing more confidence in my ability to take on this mission than I had.

The Food Department consisted of the Canning and Baking Departments. I didn't want to overwhelm anyone by making too many changes. However, I did fine-tune the entry categories, changed some of the submission rules, picked the King Arthur baking challenge and updated the website with these changes. Then, I solicited donors for sponsored prizes for the entry winners. This was so much easier than I had anticipated because the Addison County businesses were very generous. I planned how to set up the displays and accepted the entries.

Tuesday through Saturday the building was open to visitors. Saturday night was the award ceremony. I was proud of the winners, their entries, and just being part of the process.

It was a very busy and long week. But, having a team of support behind me enabled me to accomplish much more than I thought would be possible. More importantly, I got more from being involved in the Food Department than I could have anticipated.

Volunteering is really a rewarding and fun way to engage.

It Happened at EastView

An EVER recently spotted a picture of Pat T.'s dog, Orvis, mounted in the Inn lobby above the area where there are remembrance photos of residents who recently died. The EVER told some friends about Orvis's passing, and the news quickly spread around the community. At least one resident made a contribution to Homeward Bound in Orvis's name. Turns out, though, that Orvis still is very much alive but had been staying with a caregiver while Pat was in Boston. The picture of Orvis, entitled "My Star," was contributed by Pat for the EV showing of art with a star theme. We are told Orvis is very flattered by the kind thoughts.

It Might Have Happened at EastView

Cottager Grump Gabbler made sure that he did not miss the Wednesday evening Terrace Room dining when they were serving his favorite, the beef barley soup. One evening, shortly after he sat down, Grump called Chris Prickitt over to his table.

"Chris," he said, "taste the soup."

"What's the problem, Grump? It's the same beef barley soup that we always serve."

"Taste the soup, Chris."

"Grump, I saw David make it this morning. It's no different from usual."

"Just taste the soup."

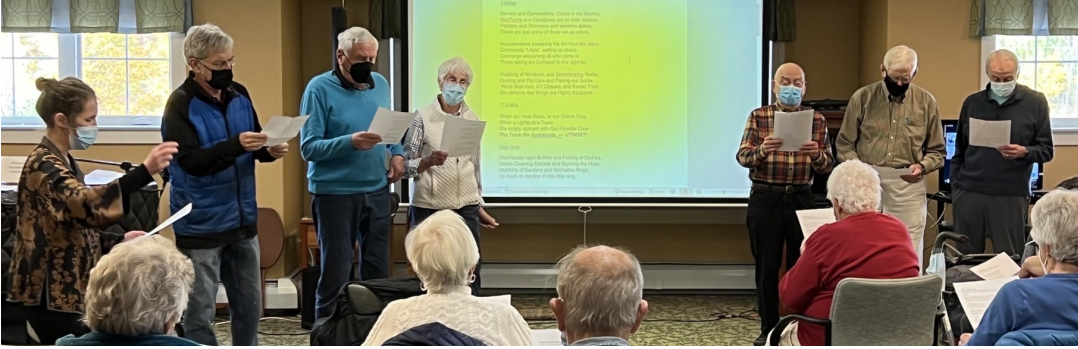
"OK, said, Chris. I'll taste the soup. Where's the spoon?"

"Aha!" said Grump.

-- *Cyrrious Knott*



*Photo by Kenadi D.
Taken from the window of an
IL apartment*



The “AGF Choral Society” performs “Our Favorite Crew” at ViVa! The group collected \$85,753.29 for the 2022 Annual Giving Fund! Thanks to all!

Volunteering in Middlebury, Vermont

Cilla L.

Why would someone choose to spend time volunteering for a nonprofit organization? My answer includes: being useful in many different ways, meeting new people, and having new experiences. These come to mind quickly, and I imagine that other people could add other reasons. Being useful for me often involves becoming the treasurer of the organization due to my past professional career in accounting. Meeting new people is still possible even though I have lived in the Middlebury area for 53 years. Having new experiences definitely is possible even at my reasonably advanced age.

This is my second year of being a volunteer board member with Habitat for Humanity of Addison County. A friend of mine, who was retiring after being on the board for many years, recruited me with the thought in mind that I might eventually become one of the treasurers. I also knew that I would like to help in the construction of new homes.

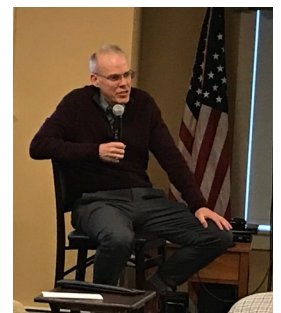
My home-building skills are limited to painting walls and woodwork, and leaving the heavier home-building tasks to younger and/or stronger volunteers. The homes we erect in Addison County (20 and counting) are constructed entirely by volunteers working two days per week. We sell those homes to low income, working families at a price determined predominantly by the cost of materials. Any grants we receive offset some of the building costs and thus reduce the cost of the house for the incoming family. We are currently working on a house in Vergennes that was started in July 2022 that we hope will be completed by July 2023.

Last year I was appointed to the Family Selection Committee, which interviews, checks income guidelines, etc. and determines which applicant family will receive the house that is currently under construction or proposed. I have become the board liaison with the current family, and guide them through all the steps required of them. One important requirement is that the family performs 400 hours of actual labor, much of which is on-site. Our current family consists of an elementary school child, his mother, and his grandmother. Since they were selected as the recipient family, the mother and grandmother have been on-site almost every Wednesday. They don't pound nails, so to speak, but they carry, hold, clean up, cut wood to length, etc. as needed. The child is not allowed on-site when workers are there, but on one weekend he was there, checking out his future bedroom location and meeting his future neighbors.

I would confidently place a bet that this boy will volunteer in a social service agency when he grows up, just like I did.

Great Decisions 2023

The Great Decisions lecture series is one of EV's signature efforts, promoting who we are as an intellectually curious community involved in the world around us. Great Decisions was brought to EV by George L. Nick C. took the lead upon George's death, followed by George J. When George J. passed away last fall, we formed a Great Decisions group. EV's Great Decisions series expands on the Foreign Policy Association (FPA) program. In addition to reading materials and watching video presentations prepared by the FPA, we host guest lecturers who are experts in the particular topics. We are excited about Great Decisions 2023, which will include Energy Geopolitics, War Crimes, China and the U.S., Economic Warfare, Politics in Latin America, Global Famine, Iran at a Crossroads, and Climate Migration. We expect this series to be the outstanding educational effort to which we have been accustomed. Stay tuned!



EV Great Decisions Speaker Bill McKibben in 2020

P.R.E.S.T.O.!

Rebecca C.

When I first arrived at EastView, 4 years ago, I was both impressed and overwhelmed by so many activities. One -- I kept hearing about in the hallways -- was called "Presto!" or Pesto! (I wasn't sure). Having never been drawn to magicians, or the culinary arts, I never put it on my list. Some days, I would pass the Community Room and see someone at a podium, or hear raucous laughter, followed by Bach on a piano. Evidently, it was a talent contest. So, definitely not my thing. Fast forward: Now it is central to my involvement in the community.

But, what the heck **IS** P.R.E.S.T.O.!? Primarily, it is a celebration of life. It is a place where residents can be entertained, or participate, in a venue where there are no critics, no judge. Folks with a talent or skill have decided to share that with others. Some of us read our writing; some sing familiar music; others contribute poetry or tell stories that could be hilarious or heart-breaking. What we have in common is our humanity and this is a safe place to make mistakes. We have a deep appreciation for our in-person audience. After weeks of practicing, the sound of applause brings us joy. It may not be convenient for you, but if you can, please think about attending P.R.E.S.T.O.! on Monday, November 7th at 11:00 am.

Buglers' Note: P.R.E.S.T.O.! (Poems, Readings, Exhibits, Songs, Tunes, Other) happens monthly.



Photos from P.R.E.S.T.O.! September 2022

A Look Abroad: Nuclear Weapons and the Ukraine War

Russ L.

Vladimir Putin recently warned the West: "If the territorial integrity of our country is threatened, we will use all available means to protect Russia and our people – this is not a bluff." His comments have been interpreted as a threat to use "tactical" nuclear weapons in the Ukraine War. Is he likely to do so?

A leading strategic scholar once said: "Nuclear weapons are the first weapons invented to not be used." His point was that their only military purpose was as a deterrent against attack. The costs and risks of using tactical nuclear weapons on the battlefield far exceed their military utility. In the Ukraine War, Ukrainian troops are too well dispersed for tactical nukes to be effective. Putin could use the weapons to create a shock effect, to coerce Ukraine and NATO to negotiate a peace favoring Russia. But the strategy easily could back-fire. The effect of the attack more likely would harden the determination of the Ukrainians. NATO, seeing a dangerous precedent for potential future conflicts, would be unlikely to yield to nuclear blackmail. The reputational cost to Russia would be severe; the risk of escalation to a nuclear Armageddon would increase dramatically.

Russian military doctrine sees nuclear weapons as "exclusively a means of deterrence," unless the very *survival* of Russia as an independent state is at stake. Russia's war in Ukraine can be viewed most generously as a *preventive* war, a war to prevent a shift in the regional balance of power, which could weaken Russian security. Russia's territorial integrity is not at stake. The situation could change if NATO troops are sent to fight in Ukraine, or if Ukrainian forces attack Russia. But NATO has engaged in *self-deterrence* by not employing NATO troops in the war and by restraining Ukrainian forces from attacking recognized Russian territory. (Neither Crimea nor sectors of the Donbas region are recognized internationally as Russian territory.)

Could Putin, nevertheless, use nuclear weapons in this war? Yes. He could act irrationally. But my view is that the likelihood is quite low.