



We appreciate the contributions from so many residents. After all, that is what makes the EVB so interesting and special. Creative pieces are always welcome.

- The "Buglers"

Lee Albern
Phil Chapman
Max Kraus
Paul Seward

Linda Chapman
Lois Kraus
Russ Leng
Cari Burkard

Raised Garden Beds to the Rescue

By Nancy & Ron R.

As we anticipated becoming residents of EastView in late October 2020, we did so from a background of four decades and more with two successive vegetable gardens, one large and the other mammoth. We were content with something much smaller, but we really needed at least a little patch of garden. From anecdotes and some probing of the soils around our soon-to-be-home, we definitively concluded that the dense, nearly impenetrable clay was a non-starter. Two small, raised beds, each four by eight feet, was the answer.

Happily, we had begun working with Joan Lynch of Inner Garden in developing a landscaping plan for the cottage, with the hope of accomplishing the

work before the end of the fall season. With the installation of the full proposal appearing uncertain as we entered September, we asked if the two raised beds could be done separately. The answer was yes and we quickly assembled the needed materials. The staff of Inner Garden stripped the turf where the beds were to be located, laid down a layer of coarse stone covered with landscaping fabric, placed the sidewalls with anchoring steel corners, and filled the enclosures with a wonderful friable and fertile mixture of compost, sand, and light soil; a joy to encounter. We promptly moved some herbs from our former garden—mint, sage, tarragon, chives, and lovage—and planted fall lettuce.

In spring we planted rhubarb and two raspberries. In one bed, our summer garden included successive plantings of lettuce, radishes, spinach, peas, two Savoy cabbages, and parsley, thyme, basil, chervil, and dill, joining the herbs we had planted earlier. In the other bed we planted three tomatoes, two peppers, an eggplant, Swiss chard, fennel, and a tower of pole beans. Everything flourished in that beautiful soil, and we delighted in caring for it all and eating our own produce. We now look forward to the 2022 growing season with anticipation.



Raised Garden Beds

Photo by Ron R.

The Gardens of EastView

By Holly S.

Dear EastView oldtimers and newcomers,

I challenge you to number or name all our campus gardens, that is, all the cultivated plots throughout the campus that feature shrubs and blooms during the growing season and that are not utility boxes or the creations of cottagers around their homes.

Let me help you and let's start with the **Sign Garden** at the entrance to EastView. Here we will soon find welcoming daffodils, followed by day lilies all summer and mums late in the fall. An assortment of other lovely perennials is on both sides of the sign. Now walking east on a path toward the Inn, we are beside the **Ribbon Garden**, formerly a gathering of azaleas that shivered in the cold winds and showers of "ice melt". They have ceded place to a sea of blue and purple – Ajuga, Salvia and Echinacea – accented with a delicate ornamental grass, and weeks earlier, we hope, by crowds of early dwarf iris.

We have arrived at the Inn's main entrance. Here a crescent of yellow day lilies, lovingly tended by resident Terry K., prefaces the two **Portico Gardens**, which mimicking each other, feature gorgeous white peonies in June, backdrops of ornamental grasses and varied shrubs, and the reliable Echinacea, "big foot" geraniums, daisies and rudbeckias throughout the summer.

Turn right and proceed past the Inn's southeast entrance to take in our expansive view of the mountains. Now look left and down and find the small jewel of a perennial garden created by Dottie and Terry K. – perhaps they will greet you from their leisure chairs. Continuing toward the dining terrace and turning sharp east for several yards, you come to the **Alpine Garden**, a gift of resident Deb V. and created by Joan Lynch of Inner Garden. It is surely the crown jewel of EastView gardens, filled with drought-tolerant cacti and other attractive and unusual plants. Look for the beautiful white-blooming spirea in the late spring.

Returning to the inner perimeter path, we come to the main dining room entrance and the **Terrace Gardens**, under active renovation by the Garden Arbors group. In May, they are awash in daffodils, a gift of former resident, Ralph Noyes. They also boast peonies in June and now feature a growing collection of new shrubs such as dogwood, Abelia, and Potentilla. A bit further north we have a group of raised beds for Inn residents hungry to work the soil and then another dining terrace – the **MeadowSweet Patio Garden**. Tulips announce the spring here and are soon joined by more peonies, beebalm, Shasta daisies, and some sweet dwarf hydrangeas.

Let us turn another corner of the Inn, glancing east down the slope to the retention pond where birds collect and to EastView's prospering compost pile. As we walk northwest toward the Inn's main parking area, we can admire the river birches that we pass on our left and the Aspen Grove on our right, which may by now have had the grass at its feet trimmed and combed.

We arrive at the parking lot and a plethora of cars. But lightening the view are more than a few bright garden spots, areas that may yet become gardens but in the meantime bring us pleasure from spring into late fall: a row of potted red geraniums greeting us along a formerly bare garage wall, Betsy L.'s inspiration; pansies in urns and beds of day lilies and multi-colored petunias along the entrance walks to MeadowSweet and GardenSong, all in bloom before the Solstice; a leafy green niche next to the northwest Inn entrance with early blooming Biokova geranium asking for company; another niche hiding honeysuckle and orphan plants to the left of the GardenSong entrance asking for inspired intervention; likewise, the row of dogwood shrubs and arborvitae muffins along the west side of the parking lot.



Alpine Garden

Photo by Amanda C.

The Gardens of EastView, cont'd.

Rounding another corner of the Inn building and continuing west, we pass **The Nursery**. A relatively new garden plot located on the former site of propane tanks, it is a shelter for plants in transition or temporarily homeless and offers its share of attractions and candidates for nurturing.

At last, we have arrived at the **GardenSong Garden**, a huge fenced area comprising at least four sections separated by pathways each offering a wide variety of plantings with bloom times spanning the growing season. A center island features a river birch and the fence perimeter area features viburnum, forsythia, willows and other shrubs. Residents Carol and Reggie S. have been the stewards of this garden for over ten years - nurturing it, populating it with gifts, recruiting helpers to care for the growing collection and tame the rosa virginiana. The garden can be accessed from the GardenSong neighborhood or enjoyed simply by a walk along the fence. It is the largest and most varied garden feature at EastView and well loved by its volunteers and regular visitors.



GardenSong Garden

Photo by Reg S.

And so my friends, we have reached the end of our tour and I have lost count of the gardens. No matter! I hope you have been inspired to take a closer look at the bounty that will soon be on display throughout our common areas and perhaps even to participate in its nurture.

Buglers' Note:

This edition of the Bugle is introducing a new column. **It Happened at EastView** consists of vignettes or anecdotes reported by our readers about notable events, incidents, or observations here at EastView. A couple of examples appear below. If you have an EastView vignette that you think might be of interest, please email a brief description to Russ.

It Happened at EastView

Cilla and I arrived at EastView in late February. After a long moving day, we collapsed, exhausted, on the couch. Happily, good foresight allowed us to access the scotch, but we had no idea what to do about supper. Then an angel, or more specifically Angelika B., came to our door with two completely prepared, delicious hot dinners. What a nice welcome to our new home and community! -- Russ L.

Lois K. reports that at the April memorial service for George J., as Diana F. was finishing a wonderful eulogy for George, his neighbor's pack of husky sled-dogs began howling. We have been told that George was not particularly fond of the huskies, or of their barking, but, apparently, they were fond of him.



May & June Birthdays

- | | |
|-----------------|-------------------|
| Mark S.. 5/4 | Chuck M. 5/21 |
| Linda C. 5/7 | Russell L. 5/21 |
| Janet W. 5/9 | Ron R. 5/25 |
| Vera F. 5/11 | Buzz B. 5/25 |
| Arne M. 5/12 | George K. 5/31 |
| Terry K. 5/12 | Fred G. 6/3 |
| Dick Hod. 5/13 | Angelika B. 6/4 |
| Fran A. 5/15 | Dottie K. 6/12 |
| Ray M. 5/16 | Paul S. 6/14 |
| Julie N. 5/17 | Linda P. 6/17 |
| David I. 5/18 | Mark B. 6/23 |
| Elaine M. 5/19 | Dick Har. 6/26 |
| Barbara G. 5/20 | Caris C. 6/29 |
| Holly P. 5/20 | Nathaniel H. 6/30 |
| Joan W. 5/20 | |

Familiar Faces
Ann R.

I was born in New London, CT. Unfortunately, my father died when I was one year old so my widowed mother, three year-old brother and I went to live with Mother's sister, Marnie, in Smithtown, NY. Marnie, an English teacher at the local high school, not only corrected our grammar but was also the inspiration for my interest in language study.



Thanks to the encouragement of my French teacher, I went to Middlebury College and received a generous scholarship from the American Legion in recognition of my father's service in WW I. Middlebury College has been a huge factor in my life—academics, lifelong friends, and even a husband.

After our marriage in 1956, Jim R. and I moved to Middlebury for his position in the College Financial Office. I taught second grade at Mary Hogan Elementary School and later was the principal of the Weybridge School. It was important for me to be able to work and also raise our son Peter and daughters Patty and Lauren.

In the 1980's, I was drawn to peace and anti-war activities. One project that was especially meaningful to me was the Children's Art Exchange (CAE). This group of Vermonters was inspired to exchange artwork between elementary school children in hopes of increasing understanding between the USA and the USSR. The CAE, with its headquarters in Middlebury, organized four annual trips to all corners of the former USSR to exchange school children's artwork. The added bonus was guided sightseeing of palaces, the Moscow Circus, Opera and Ballet at the Bolshoi, and the Hermitage Museum in St. Petersburg. We attended a midnight Easter Eve service in a beautiful old cathedral. We even marched in the first Earth Day demonstration in the Soviet Union.

Jim and I were among the very first residents at EastView. From our cottage on Kestrel Lane we watched as more cottages and the *big house* were constructed. Eventually, we moved to an Independent Living apartment in the Inn and then to MeadowSweet. If Jim were still living I know he would join me in speaking of the comfort and care that has been our experience at EastView.

Ben F.


I was born right next door at Porter Hospital and grew up just fifteen minutes south of EastView in the small town of Leicester. I attended Otter Valley Union High School and for four years I enjoyed taking part in theatre and playing soccer. During high school, I also worked several part-time jobs. Over the summers, I worked at a local farm stand selling vegetables and flowers, while also working as a summer camp counselor at the local elementary school. It was there that I became aware of my love of working with children and leading activities. During the winter, both while in high school and in college, I was employed at the Middlebury College Snow Bowl, filling various positions during my tenure.



After high school, I went to the University of Vermont and graduated in 2020 with a bachelor's degree in political science and with a minor in history. Although my last few months at UVM were marred by the arrival of Covid-19, my time there is something I will always cherish, both academically and socially. I lived in Burlington for several years and still make regular trips to visit friends and attend sporting events.

Since graduating from UVM, I have moved back home to help take care of my father and figure out what exactly it is that I want to do with the rest of my life. In the meantime, I have absolutely loved working at EastView and spending time with all the amazing people that make our community the special place that it is. Thank you to everyone who makes me feel like a valued member of the EastView family!

When not at work, I enjoy skiing, traveling, intently watching the Red Sox, spending time with my family and friends, and showering my cat and dog with love.

 You can see wildflowers in the middle of May along the TAM trail between the dump and the men's soccer field: masses of White Trillium and some Jack in the Pulpits and False Solomon's Seal.
- Lee A.

To Pot or Not to Pot. Is That Your Question?

By Cilla L.

Have you abandoned outdoor gardening due primarily to the effects of aging, plus the lack of a good garden space? Do you have a desire to rekindle your love of green plants or colorful flowers blooming on your windowsill, side table, or porch? There is an easy way to accomplish this: grow something in a pot.

Some pot shots: All pots are not created equal. Clay pots are easy to find and reasonably inexpensive, but heavy. They are sometimes top-heavy and, thus, might tip easily. Glazed ceramic pots are also relatively easy to find, but are more expensive, and also heavy. Plastic pots can be found in all sizes, colors, shapes, and prices. Many plastic pots mimic the look of ceramic or clay pots. Many clay or ceramic pots are designed so that you can insert a plant and its plastic pot inside with ease. Since “beauty is in the eye of the beholder”, I’ll not make judgement calls on which type is best. However, if you desire a large plant in your sunroom or on your front walk, look for a pot bottom-heavy enough to balance the weight of your plant. In cold climates, you will need to take special winter care of any pot left outside where rain and snow can get into the potting soil. The water/soil mix will expand when frozen and crack the pot.

At this time of year it’s very easy to find summer bulbs that can be started in pots. Many dahlias, begonias, etc. are now available at Agway, Aubuchon Hardware, and Greenhaven Gardens, to name only three of the local sources of plants. While all the summer bulbs are sold primarily for outdoor planting, there is no reason you can’t grow some on a sunny indoor windowsill.

My porch and front yard immediately adjacent to it on Kestrel Lane are heavily shaded from the hot summer sun. That’s both good and bad. Bad because the shade limits my choice of flowering plants and bulbs that will bloom successfully. Good because I have had fun this spring exploring online and in shops for the best choices in bulbs and flowering plants that will thrive and bloom in pots in the shade. Recent purchases include caladium bulbs, those fancy, large-leafed, colorful, heavily veined plants that I have never before grown because I didn’t have much shade where my pots were located. Look for the ‘Royal Flush’ and ‘Pink Beauty’ caladiums in a few months. Another recent purchase is a pair of tuberous begonia tubers. They are also reputed to be happy in shade. I have recently planted Stargazer lilies (the very fragrant lilies) in two clay pots that eventually will be placed in full sun. The advantage of pot-planting now is to give bulbs and tubers a head-start on flowers planted in the front garden. I’ll have lilies in bloom earlier than those awaiting Mother Nature to warm up the soil. The caladiums and begonias are just starting to sprout, at least 6 weeks before they can be planted in the ground.

Two Thoughts of Gardens

By Sally W.

Many garden owners, wishing their gardens to persist beyond their life times, sought the formation of an organization to fulfill this desire. Thus, The Garden Conservancy was established in 1989 with the goal to preserve outstanding gardens across America. This goal, having been met to a large extent with the preservation of over 100 gardens, has now expanded to include sharing and celebrating America’s diverse gardening traditions always aiming to educate and inspire the American gardener.

To raise funds and to allow public participation, The Garden Conservancy runs an annual program called Open Days by which the public can enjoy seeing notable private, and sometimes public, gardens in its own community or across the country. This year the Open Days program starts on Saturday, March 26, in Jacksonville, Florida, in the garden of Ann Hicks and ends on Sunday, October 30, in Pawling, New York, in the garden of Duncan and Julia Brine. In Vermont, this year Gordon and Mary Hayward are opening their garden in Westminster West on June 25th. Theirs is a garden with fourteen garden rooms and a 90-foot perennial border terminating in a post-and-beam gazebo framing views of twenty acres of meadows.

To learn the full range of The Garden Conservancy’s offerings, I urge you to go to gardenconservancy.org. The site is full of inspirational garden information from some of the leading designers and horticulturists. AND while you are on the internet, do visit avantgardensne.com, the site for Avant Gardens in Dartmouth, Massachusetts. This commercial venture sells interesting and sometimes intriguing plants. The photos are beautiful, sensitive...not boiler plate. If I had a garden I would be tempted to ask to have a dry stone wall built, a wall I could plant with succulents. I dream on.

Garden Musings

By Linda P.

I love to dig and weed and plant, so, with the prospect of spring around the corner a few weeks ago, I taped old photos to my den wall of various gardens and landscaping projects from my BE (Before EastView) former life in Vermont. They are a reminder that there actually existed soils and climates in which one could dig a little hole and plop in a plant and voila! a cottage garden would appear in a few weeks. Fast forward to my move into a Deer Meadow cottage with a lovely little perennial border out back and my hopes to enhance it and even plant more trees and bushes.

Tweaking the existing plantings out front satisfied the need to dig, but what a learning experience! EastView has a microclimate of its own. Sitting in an ancient lakebed, the compacted clay soil defies description. The relentless wind is frequently gale force. The summer heat is wilting and climate change seems to be producing both monsoon and drought. Digging could lead to joint replacement. Staking tall plants and scheduled watering is labor intensive. Finding plants tolerant of both drought and deluge is a challenge. Last resort — hire a pro with good design sense and youthful muscles.

If the above seems like a put-off, take heart and just enjoy all the lovely and varied landscaping around the cottages and the Inn. You will begin to notice which plants survive and which succumb. All challenges can be surmounted and, if you just like to dig, EastView's plantings always need a good weeding.

Every day I am grateful for our 'borrowed' landscape, the ever changing sky, and for being old enough to justify simply sitting, staring into space and wondering how I got so lucky as to end up here. I will still yearn for my old gardens, but this year I might also take my own advice and hire a pro with a backhoe. I am running out of joints to replace.

Looking Abroad

By Russ L.

As I step into the challenge of following George J., the founder of this column, I plan no significant changes to its format. I will comment briefly on a few of the most interesting issues in international affairs, and then offer suggestions for deeper looks.

Just about everyone who studies international politics expects the war in Ukraine and what it leaves behind to cause profound changes in global politics and economics, none of them positive. Some commentators are predicting the advent of a new Cold War, this time between democratic and authoritarian regimes, and between individualistic and communal cultures. This perspective is well summarized in an op-ed piece by David Brooks, "Globalization is Over: The Global Cultural War Has Begun." <https://www.nytimes.com/2022/04/08/opinion/globalization-global-culture-war.html>.

More specifically, there is the question of what Putin hopes to accomplish with his "Plan B," the seizure of territory in Eastern and Southern Ukraine. Success would bring three significant tangible benefits to Russia. First, the lion's share of proven Ukrainian oil and gas reserves are located in this area, as well as the infrastructure for transporting them to Western Europe. Second, control of Ukraine's southern ports eliminates Ukraine's major means of transporting grain to Western Europe, the Middle East and other former Soviet republics. And third, this territory borders another pro-Russian break-away region, Moldova's Transnistria. In sum, Russian control of all this territory would weaken Ukraine, increase Western Europe's longer-term dependence on Russian-controlled energy, and expand Russian territory. For background on Ukraine's energy deposits and infrastructure, see: <https://hir.harvard.edu/ukraine-energy-reserves/>. For the war's effects on the world food supply: <https://www.nytimes.com/2022/03/20/world/americas/ukraine-war-global-food-crisis.html?action=click&module=RelatedLinks&pgtype=Article>.