



Photo by Max K.

## Time to Thank the Outstanding EastView Staff

**Y**es, again! The Annual Giving Fund (AGF), previously known as the Employee Appreciation Fund, is underway. We hope that we're not being too strident but the members of the AGF Committee would again like to remind you that the fund drive is in full swing.

Need your faucet fixed, a sandwich at lunch-time, or those old files put in the attic, along with your driveway plowed and a helping hand with your meds? We could go on and on but you get the picture; it is time to recognize our dedicated staff with this, once-a-year, gift. Forget New York and the need to tip the doorman or Miami to "schmeer" the pool boy for a chair, we have a staff that doesn't expect your gratuity; they smilingly help us daily.

Are we coming on too strong? Hope not. We're just asking, hat-in-hand, for you to consider a generous gift to our fellow EastViewers. Last year we bettered our \$70,000 goal and have set this year's at \$72,500, a modest increase. The fund drive ends October 31st so please, take a minute to take part. In past years we've received donations from \$100 to \$5,000. Please consider just how difficult the last year has been for all, residents and staff alike and make your donation now. The fine print: The AGF receives funds from residents, the Board and others throughout the year for use to further the mission of

EV. Contributions are tax deductible, as appropriate under IRA rules. Last year the fund was apportioned by the Board in a way that we were able to give each full-time employee \$0.758 for each hour worked resulting in very happy smiles. Nuff said.

- Bonnie S., Sally W., Max K., Paul S., and Reg S.

### Films

- Linda C.

Here are two very interesting sites to visit:

1. Water Bear—The focus is on climate and climate change and has a plethora of interesting short movies. "It is the first video on demand platform dedicated to the future of our planet."

[https://www.waterbear.com/?utm\\_source=SAPHybris&utm\\_medium=email&utm\\_campaign=145&utm\\_term=NGO%20email%20-%20week%2032\\_Link&utm\\_content=EN](https://www.waterbear.com/?utm_source=SAPHybris&utm_medium=email&utm_campaign=145&utm_term=NGO%20email%20-%20week%2032_Link&utm_content=EN)

2. Viking.TV—This site allows you to explore the world from the comfort of home. "You can watch free livestreams at the same time each day. Plus there is an extensive library of on-demand programming including short documentaries and interviews, lectures, musical performances and much more."

<https://viking.tv/tv/this-week-on-viking-tv/fridays/at-home-on-board-our-viking-longships-with-karine-hagen>



## Medical Thoughts

- Paul S.

In the midst of all this Delta virus and renewed pandemic issues, many of you must be wondering when Covid will be a thing of the past? The answer is simple—never! Like measles, mumps rubella, tetanus, chickenpox, and all the varieties of cold and flu, it will continue to be a permanent part of our lives. But then you may say that with the exception of colds and influenza, you haven't seen any of those other diseases in decades. What do you mean that they are still a part of our lives?

The answer is that, with a few illustrative exceptions, most people in the United States behave sensibly about the dangers of these diseases and have themselves and their children vaccinated as CDC recommends. And it works! When I was teaching residents Pediatrics and Emergency Medicine, none of them had ever seen those "childhood" diseases. When, on the rare occasion when one of these presented itself, I would call the residents around to have a look.

However, it is also true that, in those pockets of the U. S. where the falsehoods about vaccine complications are circulated, these diseases still manifest. For example, there were around 1200 cases of measles contracted in the United States in 2021, all in areas of anti-vaccination beliefs. Far more common is chickenpox. There continue to be 350,000 cases of chickenpox every year with around twenty deaths. This is of course much better than the four million cases every year, with over one hundred deaths that used to be the case.

What's the point? The point is that we are indeed in the midst of a worsening pandemic. But the cause for this reversal of direction has nothing to do with the government's response or the efficacy of the vaccination. With very few exceptions, the illnesses and deaths are all in people who have not been vaccinated. Occasionally these are people who have medical reasons not to be vaccinated. But, more tragically, the vast majority are people who have been gulled into believing disproven untruths such as that vaccinations cause diseases, such as autism. However, the autism issue has been proven false. Interestingly enough, the autism claim was put forward by a physician who had been paid by an anti vaccination group to falsify his data. When this crime was discovered, his license to practice medicine was taken away.

In short, as long as there is significant political opposition to vaccination, the pandemic will continue; the virus will continue to mutate into new forms, and large numbers of people will continue to die. The only thing that will bring this to the status of other contagious diseases is that which eliminated most of the others—a high level of worldwide vaccination.



## Community Voices

- Mary H.

### *War Bonds and Bonding*

Those of us born in the late 20's and early 30's had lives dramatically influenced by the depression and World War II. My dad lost his factory and the car. My mom lost her school principalship to a single woman. Relatives helped my parents save our lovely home that had a water garden. Dad got a job as a florist which came with a take-home truck. Those years were great levelers -- small families, same news broadcasts and newspapers, and vacant lots turned into victory gardens. It was a collaborative venture.

Everyone had someone in the service. My dad had served in World War I and became an air raid warden. My mother took nursing classes. My aunt was a plane spotter although she could not tell a balloon from a bird. I knitted mittens and received war bond stamps for every occasion! Our little family prayed the rosary together every evening. Dad's sister held seminar suppers every Sunday night - I listened and became interested as I ate pickled herring.

My mom designed herself as a caterer and made the same sandwiches over and over on dyed bread. After that, she became an Avon lady (even though she never wore make up) and used the same customer base. Her greatest success was a kindergarten which she ran in our home until she was in her 70s.

My husband Ron's life was truly altered. The small coal towns near Scranton were dying and his father, then orphaned, had gone into the mines when he was nine years old. When Ron was nine and his brother sixteen the family moved to Bridgeport, CT. They rented a multi bedroom house and put up fellow neighbors from the mines for free until they got jobs. These folks remained their friends forever. Ron's brother served in Normandy and the Bulge but was killed by an auto after he came home. Fortunately, Ron was able to go to college and medical school instead of into the mines.

Ron and I met when attending numerous political activities at Connecticut College after the war. We were focused on the evils of communism. I became a World Federalist and interned at the United Nations, then located

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## Familiar Faces

### Suzanne W.



Suzanne grew up in Queens, has lived in NYC and Brooklyn, and spent many days on her family's boat fishing and swimming. She life-guarded at Rockaway

Beach and enjoyed riding her bike everywhere. After graduating with a degree in Marketing from Syracuse University and a degree in Graphic Design from SVA (School of Visual Arts in NYC), she worked in NYC at Ogilvy & Mather Advertising until coming to Vermont in 1999 with her partner to own and run the Emerson Guest House. Suzanne's passion for cooking attracted her to owning a B&B, which she helped run for 5 years until she was pregnant with her second daughter. The B&B was sold in 2004. Besides being a full-time mom, Suzanne worked as a manager of the Ferrisburgh Elementary School kitchen and as a server at the Black Sheep Bistro, a position she holds to this day.

Suzanne has many interests and a BIG bucket list. She loves to travel and has a deep affiliation to Australia, where she has visited her family many times. She hopes to live there for a longer period so she can explore the country and spend more time with her aunt, who is very dear to her.

She is grateful where she is now during these unprecedented times and appreciates working in an environment like EastView where she gets to help others while enjoying their company. Suzanne is celebrating her 4-year anniversary at Eastview and joins Judy as Concierge.



## September Birthdays

Peggy K. 9/1    Cindy M. 9/17    Bud M. 9/22  
 Deanne M. 9/1    Anne E. 9/20    Barbara S. 9/25  
 Heather R. 9/2    Larry R. 9/20    Mary H. 9/25  
 Peter B. 9/5    Roger D. 9/22    Lil B. 9/27  
 Ginny M. 9/6    Gloria N. 9/22

## Holly P. and Lois F.

### Early Years

Holly grew up with two siblings in Centerville, a small town near Dayton, OH. She studied math at Otterbein College and Wright State University and later joined the math faculty at the UVM.

Lois was born in Jay, VT, and grew up on a farm with 11 siblings in Chittenden, VT. She went to Albany Medical Center for her RN and then worked in the ER at Fanny Allen Hospital in Burlington. When at UVM for her BSN, Lois took a statistics course taught by Holly.



### Life Together

Lois and Holly joined their lives on October 20, 1972 and celebrate this date as their anniversary. They bought a house and 20 acres in Milton, VT, and eventually added 120 acres of woods. The Red Shovel Christmas Tree Farm was born. They sold trees, wreaths, and garlands in their Christmas Shop.

In 1987 Holly and Lois joined 200 other people for a 47-day bicycle trip from Seattle to Atlantic City. They were inducted into the America Lung Association Wall of Fame for their fundraising endeavors for this event. The following year, Lois became a therapeutic foster parent with the Northeastern Family Institute. A total of fifteen foster children went through their home. Holly and Lois adopted Kim when she was seven years old. In 1994, Holly and Lois introduced Kim to distance cycling by going from the Gulf of Mexico to Canada. Kim is now an RN and lives in Essex.

After retiring in 2007, they bought a 22 foot motor home. They took three cross country trips, traveled in each of the 48 contiguous states (except Nevada), and drove over 40,000 miles. In 2016, Holly and Lois moved into EastView and became involved in many church, community and recreational activities.

### Groundbreaking

In the summer of 1996, Holly and Lois became part of the lawsuit for the right to marry. In response to a Supreme Court ruling, the legislature created Civil Unions. Then on July 1, 2000, Holly and Lois were joined together in a civil union at the First Congregation Church, Burlington. This was the first civil union in a church. Press coverage was incredible including pictures in People Magazine and USA Today and a live broadcast of Good Morning America from their home. In 2009 Vermont became the only state to legalize same gender marriage by legislation, not by court order. Lois and Holly were officially married on September 1, 2009.

September 8, 2021



## Books

- Lois K.

I had mentioned Caste, by Isabel Wilkerson previously. Well, I am now reading or rather “working” on reading it. This is not a novel nor is it an easy book to read. I think it works well to read a portion, digest it, maybe struggle with some of it, and be willing to do some self-examination in the process. It is well written and worth the effort.

For something easier and shorter I recommend Hamnet, by Maggie O’Farrell. She writes well and draws you close to the people and the period about which she writes.

And don’t miss our local author, ex-Sports Illustrated writer, Alex Wolff. In his book, Endpaper he traces his family’s story of division, immigration, conflict, and adventure. He took his family to Germany for an extended stay to research their interesting story. Indeed, this is a fascinating tale.

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way out on Long Island. Later, as we reminisced with our cohorts from high school and college, we recalled tutoring immigrants and collecting metal for the scrap drives. We had learned to collaborate and cooperate for achievements other than our own. Sure, in our younger days, we all had jostled to be popular and athletic, but the spirit of all rowing in the same direction for the same ideals was most important. We tried to be part of wider goals. We believed we were part of a movement for a better world, not an exclusive cozy nest for “people like us.” I believe these values, forged from common experiences from our formative years, still influence our lives.

- Mary H.

## A Look Abroad

- George J., August 21, 2021

The world was aghast at the speed of Afghanistan’s collapse after America announced its withdrawal. Twenty years of American and allied effort, trillions in costs and so many lives lost had apparently all been in vain. As the appalling clips of Afghan masses trying to get into Kabul airport emerged day after day, many here and across the world began to understand that this campaign to turn Afghanistan into a modern pro-western state had been a total failure.

It was of course an uphill fight from the beginning, against tribal customs, massive traditional corruption, regional warlords with shifting loyalties and predictably weak and unreliable central governments. Still we kept at it, generals came and went, each issuing rosy forecasts—if we made just one more major push.... It was against this background that President Biden set a firm exit plan for our military forces, a move popular back home. What evidently did not happen was adequate planning for the impact of an American pull-out: i.e. how we would quickly get out the many Afghans who had helped us, repatriate thousands of American civilians working and living there, even what our approach to a new Taliban government would be. In the end the house of cards collapsed, President Ghani fled into the night and the Afghanistan charade was over.

The result is before us, a disgracefully bungled departure of our forces, who even left massive piles of light weapons, trucks and armored vehicles for the Taliban to pick up and now parade around. Even worse, the previous Secretary of State, Mike Pompeo, having negotiated our departure with the Taliban bilaterally in Doha, had excluded the Afghan government in Kabul, sending a powerful signal to the 300,000 Afghan Army that we could not be relied upon to have their back. They have just returned the compliment by melting away.

And while Treasury is sequestering the considerable Afghan funds parked in the US, the Chinese and Russians are busily negotiating with the Taliban, urging them to govern moderately and inclusively, and to view China and Russia as their friends.

Our thoughts on the future of this strategic region remain obscure...

**W**e are always looking for contributions! We welcome your suggestions about a favorite trip or adventure, a special interest you have, places to dine, or cooking classes to form. - *The “Buglers”*

Linda C.  
Phil C.  
Lois K.  
Max K.

Betsy L.  
Paul S.  
Cari B.