



**T**here are numerous committees and groups at EastView, all of which are welcoming new members. It is the focus of the May EVB to acquaint all of our newer residents with the many opportunities that are available to become an integral part of making EastView the vibrant community that it is.

- The "Buglers"

Linda C  
Phil C  
Lois K  
Max K  
Betsy L  
Paul S  
Cari B



## Residents' Council

*Meeting, September 2020*

The Residents' Council, whose officers are elected, has monthly meetings that ALL residents are invited and encouraged to attend—to bring their questions and concerns, positive and/or negative, and to find out the latest happenings, opportunities and information. It is a chance to get to know one another. Unfortunately, because of COVID protocol, we have not had many meetings, but now that most of us have been vaccinated and things are beginning to loosen up a bit, we are hopeful we can resume our regular Residents' Council meetings.

Current officers of The Residents' Council:  
Chair—Kate B; Vice Chair—Mort A; Secretary—Lois K; Treasurer—Peggy K. Councilors: Holly P, Charlie R, Don L, Ginny M, Paul S (past Chair); Resident Member of EV Board of Directors: Betsy L.

## Welcome Group

The purpose of the Welcome Group is to assist new residents with their transition to life at EastView. Prior to the scourge of COVID-19, Welcome Group members invited new residents to dinner in the Terrace Dining room, as well as to meetings, events, classes, and other activities at EastView. A highlight of our efforts was a monthly gathering called Second Sunday Social, which we hosted for all EastView residents. This event often featured talks by artists whose works were exhibited in the EastView lobby and dining room at that time. Meetings of our group are held 'as needed,' which has been very infrequently this past year.



We try to ensure that new residents understand and are comfortable with day-to-day life at EastView. Our goal is to integrate new residents into the community as easily as possible, although since the pandemic began, our activities have been largely limited to telephone calls, email messages, and texts, since meeting face-to-face or in groups has been discouraged.

We are always looking for a few volunteers who would be willing to commit to checking in with new residents and helping them adjust to life in their new home. This would mean following up with new residents periodically, on both a social and a practical basis. Depending on the CDC guidelines, you would commit to calling the new resident within the first day or two of his or her arrival, exchanging phone numbers, offering to be available to answer questions as they come up, and later, when it's possible, bringing them to ViVa!, Residents' Council, and other resident group meetings, and perhaps checking in two or three more times during the first few months.

If you are interested in helping out, please contact any member of the Welcome Group. Our current members are: Betsy L, Linda S, Bonnie S, Pat T, Cari B, and Gail L.

## Health & Wellness Committee



EastView's Health and Wellness Committee is alive and well. All of us who are on this committee are looking forward to offering more programs that residents would not only enjoy but can learn from. Past programs included falls prevention, the basics of good hearing, hearing loss and hearing aids, and how to deal with depression and anxiety. Also, yearly flu shots have been given right here at EV. We are always open to ideas from residents about healthy living so if you have a health-related topic that you would like to learn more about, please contact a committee member or better still come and join our committee!

- Linda S, Paul S, Betsy L, Lois F, & Charlie R

## Music Committee

The enjoyment of music has been a major focus at EastView since its opening. The Music Committee works with the programs director to arrange for a variety of musical performances. In addition, the committee has two main responsibilities.



The first is overseeing the care of the pianos and arranging for tuning or repairs when needed. The cost of tuning is shared by EastView and the Music Fund, which is maintained by donations. \$2,000.00 is the minimum amount we keep in case of necessary repairs. We now have digital pianos, which do not need repairs, in both GardenSong and MeadowSweet. We were able to help in the purchase of bells to be used by the neighborhoods. This activity was just getting underway before COVID occurred.

Second, the committee has worked to create alliances with local musicians, welcoming them and their students to give recitals in our community room. We donate refreshments and socialize after the performances. These evenings have been very popular with the students, their parents and our residents. Other in-house events have been sing-a-longs led by Betsy L and Dottie K.

The following residents have been active in the Music Committee: Dottie K, Betsy L, Nina B, Holly S, Angelika B, Michelle J, Sally F, Cindy H, Caris C, and Ann R.

## Hiking Group

Lois F and Holly P have agreed to co-lead the Hiking Group. (Thank you, Jean H, for your leadership all these years!) The Hiking Group is looking forward to many fun hikes this summer. The first hike will be Friday, May 14th. We will be heading to the Robert Frost Trails in Ripton. Check next week's Calendar of Events for details.



## Dining Committee

Rebecca C had planned to convene her first meeting as chairperson last spring, when COVID hit, and the dining room closed. Traditionally, the committee has been used by residents to offer suggestions that might improve the dining experience, and it is Rebecca's hope that it can also be an avenue for the dining staff to receive positive feedback, as well. She doesn't expect the committee to meet formally again until autumn, although if things open up sooner rather than later, the committee could certainly meet before then.





## Familiar Faces

### Ron & Nancy R

We were born and raised on opposite sides of the country, Nancy in the Boston suburbs and Ron in a citrus orchard in Whittier, CA.



After graduating respectively from Radcliffe and Pomona, we met as graduate students in the Music Department at Harvard. Completing master's degrees in musicology, we both decided against scholarly careers. Ron received a master's degree in librarianship in 1964 from UC Berkeley and, with our marriage in 1963, Nancy became a westerner for a year.

Neither of us wanted to remain in California. Ron assumed his first professional appointment in the main Library of Cornell University in 1964, and headed the Undergraduate Library there beginning in 1967. Our sons, Chris and Steve, arrived in 1965 and 1967.

With Ron's appointment as Middlebury College Librarian 1976, we moved to a large, old house east of town, with plenty of space for gardening and a splendid view of the Green Mountains. While Ron settled into the College, Nancy began working at the Sheldon Museum, where she still volunteers.

Chris and Steve went away to college and on to their own lives: Chris works for Levi Strauss in San Francisco and lives in Oakland; Steve is a nurse practitioner at Southwest Vermont Medical Center and lives in White Creek, NY, where he is renovating a one-room schoolhouse.

Our beloved country house became too large and expensive, and we found ourselves itching to travel. We moved to a smaller house and garden on Chipman Hill, and began visiting Europe, especially France. After retirement, there were five wonderful trips to Australia and New Zealand, as well as to Europe, Morocco, Japan, and India. We spent several months each winter in Boston, delighting in concerts, theater, museums, and the attractions of the big city.

We were in Boston last winter when Covid-19 shut the city down, prompting a return to Vermont. A few weeks later, a cottage became available, and we decided to down-size and simplify. It was not the ideal time to move to a new community, but we look forward to when we can become acquainted and resume more normal lives.

*Familiar Faces Continued on page 4*

## Music

### Jean H—Musical Connections

I don't remember how old I was when I started taking piano lessons, but by fifth grade I was playing intermediate level pieces as a student of Mrs. Bley, the best teacher for classical music in Hamburg, N.Y. I enjoyed my lessons, ending each school year by performing at Mrs. Bley's student recitals, gradually joining the more advanced students at the end of the program.



In seventh grade, becoming aware of social pressures and BOYS, I announced that I wished to quit taking lessons. My mother had a very quick reaction, which I remember to this day. "You are NOT quitting. I quit when I was your age, and I have always regretted it." This firm tone was not typical of my mother, so I dutifully continued taking lessons, eventually admitting that I was happy to have done so. At this point my older sister had quit the piano for violin and younger sister was happily taking piano lessons. College came along and with it studies in language, some piano, and general mid-western ignorance about the rest of the world.

After graduation we sisters took different paths: Marny to Fredonia State to major in Piano and teaching, Judy to NYC to work in editing and immerse herself in music, literature, and art, and me to stay quietly in the middle the way middle kids do, teaching French in PA. Cut to 35 years later—I was retired, ready to start piano again; Marny was in New Jersey; Judy in New York.

One day we saw an article in the NYT about a piano camp in Bennington, Vermont. By November, 2003, we were all there sharing a room, playing piano, studying music and listening to wonderful teachers for 10 days. Total success! We loved the learning, the listening and meeting other piano people, and rooming together. Since that first adventure we have participated every year, sometimes 2 or 3 times a year. I learned to look at piano playing differently, practicing in order to reach that moment when the notes I was learning actually became music. I could hear it and wanted to keep on discovering that moment.... and so I am still sitting at the keyboard.

*Familiar Faces—continued from page 3*

## Jeff Johnson

Jeff was born and raised in Princeton, New Jersey. He and his younger brother were born into a “Brady Bunch” family, joining six siblings from their parents’ previous marriages. Jeff’s father was a “living historian” with a particular interest in the bicentennial of the American Revolution (1770’s) and participating in re-enactments, which included crossing the Delaware River on Christmas day. His father’s passion for history and convictions about the importance of historical study influenced Jeff’s decision to study history when he was at Middlebury College. While at Middlebury he became attached to the area and saw Vermont as the ideal place to settle.



After college Jeff lived in England and was employed as a player-coach on a semi professional ice hockey team. He took the opportunity to travel and see a lot of western Europe. These travels sparked a fascination with seeing other parts of the world which later took Jeff to Vietnam, Australia and Africa. Antarctica is still on his bucket list.

Jeff returned to the United States and eventually landed a job at a prep school in Massachusetts. At that time, coaching was his primary interest and teaching history a distant second. He was fond of saying the most important life lessons are learned in the athletic arena. Over time, teaching history became something of a mission and he often finds himself to this day pleading the case for important life lessons found in the history classroom. For 32 years he was a teacher in public, parochial, and private schools and taught a variety of subjects including US History, European History, Ancient History, Government and Literature. He chaired the History Department for a number of years, too.

Instead of pursuing graduate work, Jeff concentrated on researching, creating, and designing the content and skill development of his courses in an effort to engage students through simulations such as a Civil War trial, a French Revolution simulation, and a 1920’s monopoly simulation to name a few. History matters, Jeff believes, not just for the knowledge, but for the habits of mind it can develop, and the more we engage our young people in the study of history the less we become disarmed as citizens.

Jeff met his wife Lysie at the first school where he worked in Massachusetts. They moved to Vermont in 1990 and raised their family. Jeff enjoys "puttering" around their home in Bomoseen, building stone walls, biking and sailing. In 2019 Jeff and Lysie left teaching mostly because the boarding school duties were keeping them away from their home in Vermont and they are both grateful to begin their career change at EastView. Lysie works in programming while Jeff works with the maintenance team. Both Jeff and Lysie have enjoyed interacting with the residents at EastView. Jeff appreciates the opportunity to carry on his mission by presenting "History Matters" talks periodically to EastView residents.



## May & June Birthdays

|               |                 |                   |
|---------------|-----------------|-------------------|
| Mark S. 5/4   | Barbara G. 5/20 | Fred G. 6/3       |
| Linda C. 5/7  | Holly P. 5/20   | Angelika B. 6/4   |
| Vera F. 5/11  | Joan W. 5/20    | Dottie K. 6/12    |
| Arne M. 5/12  | Buzz B. 5/25    | Paul S. 6/14      |
| Terry K. 5/12 | Ron R. 5/25     | Dick Ha. 6/26     |
| Dick Ho. 5/12 | Don L. 5/30     | Caris C. 6/29     |
| Mort A. 5/15  | George K. 5/31  | Nathaniel H. 6/30 |

## Buglers’ Notes:

*Our apologies for an error in the Lois & Bob A’s bio: Lois was not impressed by Bob’s handlebar mustache. Bob was impressed by Lois’ handlebar mustache. She was entertaining as a tenor in a Barbershop Quartet. Bob never had a mustache!*

*Please note that we will publish the EVB in July and September. After that we will continue to publish monthly.*



## Art Committee

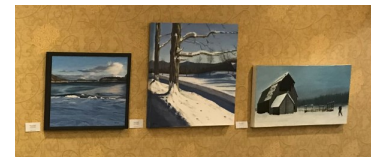
The EastView Art Committee was established in 2012 by Larry C and about eight others in order to share fine art and promote the creation and appreciation of visual arts in our community. For eight years the committee met monthly.

A new theme-centered art exhibit for the EastView public spaces was presented every two months. The committee did the work of collecting and hanging the exhibits but staff helped with this. Other committee functions were decorating the Inn, Garden-Song, and MeadowSweet for holidays, planning field trips to museums, sponsoring speakers and arranging for art classes—including Russian Easter egg dyeing, sketching, making collages, flower arranging and more.

Cari Burkard became the EastView staff member of the committee. With the COVID-19 isolation in place, she has enthusiastically continued the presentation of new exhibits. Larry C, Lois A, Pat T, and Penny C have all chaired this committee.



Photo by Max K



## The Landscape Committee/ GardenArbors Group

Even before EastView welcomed all its first residents, ideas for “improving” the landscape were being bandied about. Hence in October 2012, a year before there was a Charter and an elected Residents Council, a committee was formed to collaborate with management in planning for improvements and maintenance not only of common gardens and fields but also paths and roads and retaining ponds. Membership was and remains open to dreamers as well as diggers, dividers and deadheaders. Over the years participants have ranged in number from eight to twenty-five. Among our accomplishments together with management have been lighting and paving of paths, a ten-year masterplan by consultants to further develop gardens and add plantings to a few areas, successful fund-raising to carry out an early stage of the masterplan, an agreement to control poison parsnip by staged brush-hogging and mowing, organization of small groups of residents most summers to plant, water and otherwise tend particular garden areas.



A small sub-group of active gardeners (Garden Arbors Group) was convened by Connie Leach two years ago to work with consultant Lily Snow on improvements to the so-called Ribbon and Portico gardens. Currently the Terrace Gardens are under review.

Holly S is acting chair of the Landscape Committee until longtime chair Roger D recovers from surgery. Holly S is also the acting chair of the Garden Arbors Group. Please contact her ([hollybob1@comcast.net](mailto:hollybob1@comcast.net) / 989-7032) if you are interested in joining either group and most especially if you would like to help with garden tasks this summer. Landscape Committee minutes are collected by the Concierge and are open for any resident’s review.

## The Bugle



We are thrilled with the enthusiastic response from the EastView community and are delighted you are enjoying the various human interest articles and bios as well as the regular columns. It was George Jaeger’s intent that the EVB keep us all connected during Covid protocol isolation and this publication has done just that!

Please help us make the EVB even better by sending us your ideas or creations. Better still come join our group. After all, life=change and we welcome change.

Present *Buglers*: Linda & Phil C, Betsy L, Lois and Max K, Paul S, & Cari Burkard (Director of Sales and Marketing and the publisher of the EVB).

## Needle Arts Group

Residents pursuing various needle arts meet weekly for an hour of chit-chat and work on a personal choice of project. Knitting is the most popular as sweaters, socks, and scarves reveal themselves. For the local RSVP program, knitters produce hats, mittens, baby blankets, and lap blankets. One resident does exquisite hand quilting.

The group generally meets in the EastView Library. In suitable weather, get-togethers take place on the Terrace and, occasionally, at a resident's cottage. We do not meet in July and August. We hope to be able to resume Needle Arts soon. Watch the schedule in the weekly Activities Calendar. New residents at EastView are especially invited to join us!

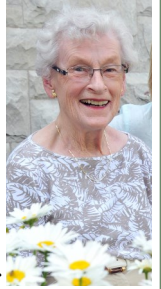
## The EastView Library

The library is located on the second floor north hall of The Inn and is named for Susan Parsons Ritter, EastView's first Board Chair. Unfortunately, COVID-19 protocols have limited in-person library visits since March 2020. We all look forward to less restricted days ahead.

The library was established in the summer of 2012 when a few residents gathered to unpack, categorize, and shelve 15 boxes of used books donated by residents of the Wake Robin Retirement Community in Shelburne. There is an informal group of library volunteers who meet as needed, usually to downsize the collection. The shelves are labeled with 21 categories.

Fiction and Mystery are the most popular categories followed by History and Biography. There is a folder on the desk that contains periodic lists of donations. Donations of recently published books are invited. On the desk in the library is a list of procedures to follow when borrowing materials.

The library is air-conditioned, and a computer and printer are available. The room is a comfortable meeting space for ten people and is a favorite respite for Inn residents in connection with Housekeeping.



## A Look Abroad

So much of our news these days is focused on domestic issues. The purpose of this column will be to provide links to a few articles on major international issues which will hopefully stimulate reflection and discussion.

1. The, at least in this country, almost unnoticed event was the ongoing very conspicuous massing of over 100,000 Russian troops on the Ukrainian border - a major show of force apparently meant to send a message to Ukrainian President Zelensky and his western backers not to overplay their hand.

Many had feared it was a prelude to a new Russian invasion. Others noted that Zelensky had shut down Russian-language TV stations in the break-away Russian-speaking Donbas region and made military moves that seemed to threaten Donbas. His declining popularity, US arms aid and talk that Ukraine may someday be admitted to NATO, may all have played into his decisions.

That the Russians only meant to send a warning message but not start a war was made explicit in Russian-initiated calls between top Russian and American military and national security officials. Putin, too, in his annual address, only said that, if forced to defend its interests "Russia's response would be asymmetric, fast and tough". In short, he was saying to Kiev and us: Cool it!

Here are three links that tell the story from various perspectives:

- <https://www.nytimes.com/2021/04/20/world/europe/putin-biden-ukraine-navalny.html>
- [Biden's zigzag diplomacy aims to agitate Russia](#)
- Lastly, a fascinating analysis from the Carnegie Moscow Center: <https://carnegie.ru/commentary/84308>

2. This month's other major event was the announcement of our final withdrawal from Afghanistan, after a war lasting 20 years. Comment was almost universally approving. Among the few exceptions was this piece from the Economist:

<https://www.economist.com/leaders/2021/04/15/joe-biden-is-wrong-to-withdraw-american-troops-from-afghanistan?frsc=dg%7Ce>

It's a big world out there...much going on...

- George J