



Welcome to the fourth edition of *The EastView Bugle!* We appreciate your input and are delighted that you are enjoying this newsletter. Please remember that it is your feedback about articles and/or suggestions for future articles that will make the EVB even better.

-The "Buglers"

Linda C
Phil C
Lois K
Max K
Betsy L
Paul S
Cari B



Photo by Max K

Gardening Anyone?

Yes, I know it's snowing again and the thermometer is stuck on zero. But admit that a green shoot or daffodil occasionally pops up in your dreams or like me, you gaze at the snowy field outside and conjure vast swaths of yellow mustard or dandelions. It's time to bring up the website for Kitchen Garden Seeds and gorge on photos of every veggie or annual or perennial bloom that you've ever cultivated or coveted and to read their excellent instructions for giving seeds an early start indoors. Imagine putting your hungry hands back in warm soil. Imagine planting something new in one of EastView's raised beds or in a small plot borrowed from a non-gardening cottage resident. Thus inspired, perhaps you would enjoy moving on to imagine a renovated EastView Terrace Garden. If all goes well, this will be a project of the EastView Garden Arbors Group later this year. Your thoughts, imaginings will be welcome!

- Holly S



Films

- Linda C

Thanks to Janet and Fred G who recommend the tv series: **Anne With an E; Longmire; Silk; and Yellowstone.**

The New York Times suggests three movies on the power of the executive branch of government: **Lincoln, All The President's Men, and Dave** (all available on Amazon Prime, Apple TV, Google play, Vudu, and YouTube)

The New York Times also suggests:

One Night in Miami (Amazon Prime)

A fictional account of one incredible night where icons Muhammed Ali, Malcolm X, Sam Cooke, & Jim Brown gather discussing their roles in the civil rights movement and cultural upheaval of the 60's.

Stars and Strife (Apple TV)

A documentary exploring how an epidemic of hatred & division has left us helpless in the face of crisis—and why rediscovering the empathy at the heart of the American experiment is the only way forward. Leon Panetta, James Baker, Ron Emanuel.

Phil and I recommend the following:

Guys and Dolls (Kanopy) Marlon Brando, Jean Simmons, Frank Sinatra, Vivian Blaine.

The Dig (Netflix): On the eve of World War II, a British widow hires a self-taught archaeologist to dig up mysterious formations on her land, leading to a staggering find. Ralph Fiennes, Lily James, Carey Mulligan.

Quartet (Netflix) Beecham House is abuzz. Rumor is that the home for retired musicians will play host to a new resident: a star. Maggie Smith, Tom Courtenay, Billy Connolly. Director Dustin Hoffman.

Rebecca (Netflix) A young newlywed moves to her husband's imposing estate, where she must contend with his sinister housekeeper and the haunting shadow of his late wife. Lily James, Arnie Hammer, Kristin Scott Thomas.

 **Medical Thoughts**

One of our important difficulties in thinking about Covid is that we have been thinking in terms of what we will do when this is “over”, which we have vaguely attached to the development of the vaccine. But here we are with not one but several vaccines – and the end seems nowhere in sight. What’s going on?

The problem is that, while the pandemic will gradually disappear, Covid isn’t going away. Why should it? None of the other coronaviruses ever have. Like Covid, they just mutate into variations of themselves. What seems most probable is that, like those other viruses, Covid is likely to simply become another annual disease along with the “ordinary” flu viruses - but one that may continue to be considerably more dangerous than the flu.

This also means that, even when the pandemic is over, behavioral preventives (masks, social distancing, hand washing, etc.) may continue to be with us – as perhaps they should have been all along. For one thing, behavioral prevention works. It certainly worked on the flu this year which by any measure has been by far the lightest epidemic on record.

However, if this is how the world is likely to be, what about the EastView community? I don’t know the answer. But, I think I know the question: Given the uniqueness of this community, what is the risk and the benefit of any action that involves loosening or tightening any restriction and how do we weigh such actions against one another. Let’s take this piece by piece.

On the one hand, thanks to the immunization we have received, the EastView resident community has a near universal level of immunity that will protect us from most of the viruses, most of the time. It is still unclear whether such immunization might still permit rare infections without symptoms, but which might still be transmitted to others. However, it seems that despite this uncertainty, for those of us who are fully immunized, our likelihood of dying or even being significantly ill with Covid is vanishingly small.

But small is not zero. Therefore, the default answer should always be that the rules for EastView should be the same as for the rest of Vermont. As such, working closely with the state, as Connie and Ali are doing, is essential. Furthermore, some things that have been working well should remain. For example, continuing with Zoom meetings rather than gathering in large numbers in the Community Room.

I am sure we all would like to know the precise date when we can return to “normal activities,” such as having dinner and gatherings with friends and family, but unfortunately, we haven’t reached that stage. We have been patient for a year now; a little more patience is required.

- Paul S

 **Books**

Thank you Carol S for these suggestions:

The Faith Club: A Muslim, A Christian, A Jew—Three Women Search for Understanding, by Idliby, Oliver, and Warner

A Country Between, by Stephanie Saldaña (a Midd. graduate)

Just Mercy, by Bryan Stevenson

Tuesdays With Morrie, by Mitch Albom

If you want to scare yourself read or reread **It Can’t Happen Here**, by Sinclair Lewis. It was originally published in 1935 as abstract fiction. It no longer feels so impossible, unfortunately.

The Vermont Book Shop regularly sends out recommendations about current books. You can get this by calling them and they will be happy to put you on their list. 802-388-2061

And, of course, feel free to check out the sites for the New Yorker and the New York Times.

Please keep sending your latest book ideas.

- Lois K



March Birthdays

- Bob A. 3/2 Nancy C. 3/19
- John L. 3/9 Lee A. 3/20
- Kate B. 3/10 Carol S. 3/22
- Janet G. 3/15 Bonnie A. 3/25
- Pat T. 3/17 Robin P. 3/28

Remember to set your clocks ahead one hour on March 13th





Familiar Faces



Deanne M

I moved to EastView in May 2020 so I was quarantined and had plenty of time to unpack and get settled. Despite the isolation I felt very welcomed by so many people who dropped off notes and baked goods. It made it easier and I am very grateful.

I chose to come to EastView to be near my daughter Kathryn, who teaches history and environmental studies at Middlebury College. My husband Steve, who died in 2020, and I began vacationing here when Kathryn moved to Weybridge in 1997 and we grew to love the area.

I was born in Pittsburgh, PA but spent most of my life in the Boston area—Winchester, Westwood and Brookline. Over the years I have worked as a teacher (hearing impaired toddlers, second grade, adult literacy), in non profit administration and volunteer management; in political campaigns; alumni associations, and as a fundraiser for Planned Parenthood, Beth Israel Hospital, and Wheelock College.

My son Peter (Severna Park, MD) has two children, 13 and 16. We spent most summer vacations on Martha’s Vineyard while our children were growing up. When our nest was empty we went back to Europe, where we had honeymooned in 1962, and also traveled in Mexico and the western part of the U.S. In 2019, my daughter and I took a bike barge trip from Bruges to Amsterdam and then went to London and on to Oxford to visit Middlebury friends. It was wonderful.

I enjoy visiting art museums and galleries and even attempt to paint myself. My one regularly scheduled activity in this pandemic time is gathering with my long time MFA art class on Zoom. For many years, I have enjoyed theatre and concerts. I look forward to attending productions at the Town Hall Theatre, continuing the friendships I have begun since coming to EastView, and to meeting more people in the community.

Our Housekeeping Team

-Betsy L

Most of us take for granted the essential work the housekeeping team does every day of the week to enable all of us to live in a clean environment.

To get a vague sense of what this team does for EastView, imagine having to clean your own space ten times in one day, and repeat that every day of the week. They are responsible for cleaning all the public spaces as well as the neighborhoods of MS and GS and the IL apartments. During the winter months, they spend many hours scrubbing off the salt and other chemicals that we track in on our boots and shoes, often having to start over again as soon as they finish.

Those of us who live in the Inn seldom walk down the hallways without running into at least one of them wiping down the railings or vacuuming the carpets. Shampooing the overused Community Room carpet requires several trips to the janitor’s cubicle to empty the container of dirty water – an arduous task! Because of Covid 19, each member of the team has had a few days on his/her own, when teammates were unable to get to work, requiring extra hours just to do the minimum required chores. EastView has been fortunate over the years to have found dedicated workers willing to do this essential work cheerfully and reliably.

The members of our current team are Marla Wright, who has been here about three years, Kenadi Dattilio and Brittany Ouellette, who have both been here about a year. They are often assisted by Deric Bacon, who splits his time between Maintenance, Housekeeping, and Dining. The three young women grew up in the area, two of them on a farm, as “real Vermonters”. Marla and Deric went to Middlebury HS, while Kenadi and Brittany both attended Vergennes HS. They all enjoy time off with their families. Kenadi has a 6-year old son and a 2-year old daughter. Deric enjoys working on his truck. We owe them all a heartfelt word of thanks for the good work they do, keeping all our living spaces – and the endless hallways - spic and span.



Kenadi

Marla



Brittany



Deric

Familiar Faces is continued on page 4

Familiar Faces—continued from p. 3

Julner Remy

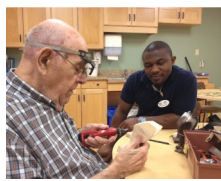
I am Julner Remy and I work as a Med Tech in MeadowSweet and GardenSong. I came to work at EastView seven years ago. Here, I found a passionate, dedicated group of employees and a very welcoming community. I have been here ever since. In December of last year, I received my certification as a Clinical Medical Assistant as well as my BLS certification, and this month I applied for citizenship through naturalization. As most of you know, I am not originally from Vermont. I was born and raised in the northern part of Haiti. In my Haitian family I have two brothers and two sisters now. Sadly, another sister has passed. I first met my beautiful wife in Haiti in 2002. We married in 2009 when I was 28 years old. This was also the year we came to the United States. Now we live in Whiting and together we have three children—all boys.

Outside of my work, I love painting and playing soccer (I follow the Brazilian national soccer team.) Also, I used to raise rabbits in Haiti, but now we raise chickens for eggs. At the moment we have eighteen chickens and one rooster, as well as two cats. I like playing drums and listening to music. My favorite musician is Usher Raymond. Finally, my favorite meal is polenta with beans and salted fish sauce with vegetables. You should try it sometime.

There is a Haitian saying: “Beyond the mountains there are more mountains.” I have lived my life in that understanding.



Drumming



With a resident in GS



Julner's Iconography

Buglers' note: Julner has accepted a position as a Medical Assistant in urology but will continue working per diem at EV. We wish him all the best!

Submissions to Familiar Faces may be sent to Phil C.

Music

Dottie K—Musical Connections

EastView is fortunate to have an accomplished pianist living among us, one who is very generous with her talents and offering us many opportunities to hear her play. Holiday celebrations would not be complete without at least one carol sing with Dottie at the piano.



Dottie grew up in a musical family in upper NY state, listening to her mother playing duets with her aunt and couldn't wait to join them. She started taking lessons at age seven. She was fortunate to have an excellent piano teacher, a graduate of Oberlin conservatory, who immediately recognized Dottie's talent and love of music and gave her a good start.

During her high school years, Dottie spent summers at Chatauqua Conference Center, well known for its high quality musical programs. She settled into a room at the YWCA and quickly found a job as baby sitter for the unruly children of Val Pataki, a baritone at the Metropolitan Opera and a member of the faculty at Chatauqua. This became a perfect place to develop her musical skills and connections. Dottie found voice majors from Juilliard in need of an accompanist and discovered that she loved this particular way of making music, that requires competence on the piano as well as sensitivity to the soloist or chorus. Chatauqua offered a rich resource for developing all the skills needed to become an accomplished accompanist.

Dottie and Terry were married in 1959 and settled in upper New York state. During this time, Dottie found jobs as a substitute music teacher, which allowed her time to bring up her their three children while offering opportunities for them to be part of the many musical performances she directed. In 1978, Terry was offered a job as President of the First Brandon National Bank so they moved to Brandon. Dottie quickly became a sought-after piano teacher and had sixty-five students a week coming to her studio. For over forty years (and with Terry's blessing) Dottie took the train to NYC a few times a year, resided four or five days at the Salisbury Hotel (West 57th Street opposite Carnegie Hall), and with her theatre friends saw numerous Broadway shows. Sadly, in 2020 the Salisbury Hotel was demolished.

When it came time to think of retirement, Dottie and Terry decided to move to EastView to be closer to their daughter Molly, who is a nurse at Porter Hospital, and to their two sons who also live in the area.

- Betsy L

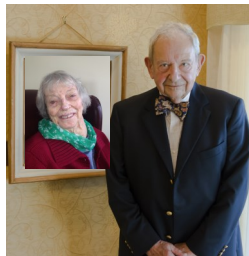
Unlikely Report From the Long Trail

- Mary H

A lovely day at that gem, the Clark Museum in Williamstown, MA. We walked about the Impressionist Gallery then off to the Long Trail in the snow, many of us gripping our walkers. Rumor had it that some larger cabins were closed because of the virus. Sally F had brought her energy fudge but we ate that at the Clark! As it was snowing it was difficult to see the white slashes marking the trail. The detours added miles, so we will be way over the trail length when we finish. Generally though, Jean H knew the way! We all had to be smiling continuously as Max K was not just taking vista photos. No one even saw Holly P's face as she dashed along miles ahead. Holly S is a determined walker and she, too, disappeared into forward positions. We registered our trail names. I took "Strider" borrowed from a son. However, we soon forgot these new handles, even our own.

Terry and Dottie K's dog Henri's little legs put on 10 miles to our one. Paul entertained with lots and lots and lots of songs and Dick H often went off-trail to immortalize a bird. Joan H always had her notebook available to record such events—perhaps with a few swear words we could not read. Pat T sketched scenes to be painted later. Of course Reg S met lots of hikers he knew and Carol organized weird games while Betsy got a choral group together including an "Aloha" song for Bud to dance to. Caris often noted that at least there were no bugs. Gail L made sure the newcomers were still with us. Lois took care of the meds and frostbite. Despite her efforts, hygiene was sketchy.

Someone was always asking, "Are we there yet?" In the evening, Gordon shared a story about the day. Weaving in the nautical motif was a stretch, but he did it! Ann R and Don L organized the entertainment which included George J's alpine adventures. Rebecca tried not to trip over us as she did her night walking. Alec tried but failed to make sense of it all and Mary H, unable to constantly chat, said, "To hell with this," took her books and slid down to an Inn. And that was only day one! Then we voted to do our walking in and around EastView.



Originally Middlebury District 8 School (1880) Now the Case Street Citizens "Club"; previously the "Sod Buster's" building on Case St. (Rt 116) and Quarry Road.



Originally Cornwall District 3 School (1830/1850). Now unused. At the junction of Route 30 and Peet Rd south of the village



Answers to Max's questions on page 6: Originally Middlebury District 3 School (1827). Now the florist's shop on Route 7 south at Foote Street.



Photographic Notes

Many of us went to schools with over a thousand students. Have you ever stopped to think how many Vermonters went to one room schools?

In our travels around Vermont I've enjoyed identifying many of these relics from the past. Some are unmodified and easily identified as ex-schools while others have been converted to homes and out-buildings. Natalie Peters, a neighbor of ours on East Munger Street and a long-time Middlebury resident, wrote her architectural thesis in 1997 on these buildings, emphasizing the period 1790 to 1858. A copy of the thesis is in IIsley Library. Lois and I are currently driving around Addison County photographing as many of the remaining buildings as we can find. It's fun, especially since in our search we are using maps from Beers Vermont 1871 Atlas. Homes, schools and roads are detailed for each town and it is amazing that one can easily identify current roads on the 1871 maps. Happily, the Atlas has been digitized by Middlebury College; the maps can be downloaded at

<https://archive.org/details/middleburycollege?and%5B%5D=beers+atlas&sin=>

Pictures of a few of the buildings are shown below. Can you identify them and their present locations? Answers are elsewhere in *The Bugle*.
- Max K

