



Whoah, what's this? Well, its a modest new monthly publication put out by Eastview residents to provide some additional resources which could help get us through the difficult months ahead. The hope is that many of you will find at least some of the information, links and ideas interesting and useful in dealing with continuing isolation and restrictions until we can all get vaccinated and, hopefully, begin to relax a bit.

To that end, we hope that the EV Bugle will also be a catalyst for community involvement: That new

distanced or virtual music, book or other groups will form, that some of you may have ideas as to new subjects that might be covered, like Nature, Sports or even long-haired stuff like Astrophysics, and be willing to curate the biweekly contributions that would imply. And that the EV Bugle will help all of us get to know each other better as we are hunkered down in our silos.

None of this is cast in cement. Everyone is welcome to contribute. Please do let us know what you think!

- George Jaeger - [bearpat@comcast.net](mailto:bearpat@comcast.net)



## Medicine

My task is to be a window to the world of Medicine and Medical science. For starters, here is an excellent source for all sorts of Vermont health information :

[Vermont Department of Health \(healthvermont.gov\)](http://healthvermont.gov) and in particular, its subcategory

[COVID-19 | Vermont Department of Health \(healthvermont.gov\)](http://healthvermont.gov), which contains details on the current status of the COVID-19 epidemic in Vermont. It is reasonably accessible – and packed with information.

For example, it contains one chart in particular that should be of interest to all of us. It is called the “Progress to zero”, i.e. what sort of progress are we making on eliminating new COVID cases? It does not show our rate of new disease, but rather the weekly rate at which that rate is changing.

I will not go into how it is calculated. What you need to know is on the day I write this, CDC, correctly states that Vermont's rate of deaths per 100,000 is significantly lower than either North or South Dakota. However, on the same day, our “Progress to Zero” is 30% while the Dakotas both stand at 37%, 7% better than us. What does this Tell us? Simply this: COVID is here and expanding in the same rapid way as it has elsewhere. So, it is up to us – through our own behavior – to slow it down.

Next issue I will talk about vaccines, at which time I predict we will know more than we do now.

- Paul Seward - [oakenshade@gmail.com](mailto:oakenshade@gmail.com)



## Films

We all have different criteria for selecting a film and I for one don't enjoy watching a movie filled with violence or horror. If you have a favorite film, do please send it along so I can include it in a future edition of The EastView Bugle. Here are some favorites:

a. High Society (Xfinity, Netflix or Kanopy). *An all star musical romp finds Grace Kelly about to remarry when her wealthy ex-husband Bing Crosby pops back into her life.... Grace Kelly, Bing Crosby, Frank Sinatra, Louis Armstrong.*

b. The Princess Bride (Disney+). *The story is a classic tale of love and adventure as the beautiful Buttercup is kidnapped and held against her will..... Cary Elwes, Mandy Patinkin, Chris Sarandon; Director Rob Reiner.*

c. The Sound of Music (Xfinity, Disney+): *A tune-ful, heartwarming golden oldie based on the real life story of the Van Trapp Family singers...Julie Andrews, Christopher Plummer, Eleanor Parker.*

Here are a few suggestions from 'The Atlantic':

d. Dave Chappelle's Block Party (Amazon Prime ; Google Play; VUDU; redbox; Apple tv; YouTube; Fandango Now, etc.). *There is no better document of mid-2000s pop culture than Michel Gondry's wonderfully loose concert film. ....Maybe unintentionally, it's a compelling look at the way celebrity has morphed in the intervening 15 years.*

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## Music

Music is almost as essential as food and drink to our sense of well being, and I suspect we each have our own favorite music for celebration or solace and everything in between.

Taste in music is very personal. I am partial to classical music, but enjoy all forms - jazz, country, folk, etc. and would welcome suggestions for any music you enjoy.

I will offer a couple of favorites. Rather than offering a link, I trust that you will find your way to YouTube and many first rate performances.

a) Schubert's Fantasia in F for piano 4 hands is a favorite of mine, and there are several good recordings on YouTube.

Go to YouTube and type in the title above. Then click on the recording by Maria Joao Peres and Ricardo Castro. It should be among the first on the list of recordings.

b) For peaceful, restorative music, Beethoven's Symphony #6, the Pastoral, is a good choice.

The recording by the Deutsche Kammerphilharmonie Bremen with Paavo Jarvi conducting is fun to watch, and it's wonderful "feel good" music.

c) With Christmas approaching, and for those who enjoy good choral music, "Google" the Voces 8 Foundation to find the 'Live from London Christmas Choral Festival'.

If you buy your own subscription (\$150) you will have access to a whole month of concerts and can listen to them at your convenience.

Chris has also bought a subscription for Eastview and will be featuring those concerts in the Community Room.

There should be room for ten of us, and we might even be able to hum along through our masks.

Listening to music with a few friends is a good antidote for too much solitude. So let me know.

- Betsy Lane <[edlane7021@gmail.com](mailto:edlane7021@gmail.com)>



## Books

Now let's talk about books. So many books, so little time.....but now we have more time. So here are some ideas for your reading pleasure.

First, if you are tired of the news, politics, and COVID conversation we recommend:

a) This is Happiness by Nyle Williams and

b) Notwithstanding by Louis de Bernieres

Both are short, amusing glimpses into village life. Good for smiles.

If you want to plunge deeper:

c) The Splendid and the Vile by Erik Larson. A gripping study of Churchill and the London blitz, a story of grit and endurance.

And, if nature beckons, try

d) "The Hidden Life of Trees" by Peter Wohlleben.

We will be back in the next edition with more, so feel free to add your thoughts, recommendations, and suggestions for the future.

Yours,

- Lois Kraus - <[loiskraus10@gmail.com](mailto:loiskraus10@gmail.com)>  
and Gail Lyall <[gail.lyall@gmail.com](mailto:gail.lyall@gmail.com)>

### *Films, cont'd. from p. 1:*

e. Dick Tracy (1990), directed by Warren Beatty Watch or Stream on HBO on Amazon and HBO Now..... Warren Beatty's jaw-dropping translation of the yellow-jacketed, gangster-fighting pulp hero. The sets are bold and sparse, the lighting is all bright primary colors, and every actor in the stacked cast (including Al Pacino, Dustin Hoffman, and Madonna) looks like a living cartoon, embellished with makeup and dazzling costumes.

Note: Kanopy allows you to stream free movies with your library card. Shawn Cook will be happy to help you get started using Kanopy. You can reach him at [scook@eastviewmiddlebury.com](mailto:scook@eastviewmiddlebury.com).

- Linda Chapman <[lindabchapman@me.com](mailto:lindabchapman@me.com)>



## Photographic Notes

What better way to start a discussion or review of photography and photographers than with Ansel Adams. Adams (1902-1984) is our most famous landscape photographer and set the standard for those who followed. His work is available to view on many sites and for purchase on others.

Two of interest include:

a) Pictorial Photography by Ansel Adams (767PH) - Atlas of Places  
[www.atlasofplaces.com](http://www.atlasofplaces.com) › [photography](#) › [pictorial-phot...](#) and

b) The “Art Story” website at  
<https://www.theartstory.org/artist/adams-ansel/artworks/>

One of his classics is: *Monolith, The Face of Half Dome in Yosemite National Park*. (Image expands. Try it).



Do let me know what you would like to see in future editions, or would like to know about photography...

- Max Kraus <[mhk10@cornell.edu](mailto:mhk10@cornell.edu)>

## Meet Your Neighbor

I liken this to the first meeting with another person here at Eastview. Present the quick facts, be ready to stop talking as soon as the listeners' eyes begin to glaze over, and prepare to get something similar in return. Any shared educational, professional or geographical coincidences?

By way of introduction here is our bio. Both of us would have far preferred to do this in person but the virus makes it harder.

Linda & Phil Chapman

Born in NJ, spent summers in VT from early age.

College: Skidmore (Linda), Princeton and Masters degrees from Nova University & NYU (Phil).

Professional – English Teacher (Linda), Chemical Sales (Phil).

Two children (now in Virginia & Connecticut). Five grandchildren ages 9 to 21.

Prior residences: Eastview is home # 19 since marriage in 1966.

Approximately 10 years foreign residence – Brazil, Venezuela, Hong Kong, Miami. Retired in 2000.

Moved to Eastview in November 2019 from Rupert, VT.

Hobbies/interests: photography, genealogy and seeking interesting places to walk our dog.

We hope you will get inspired to submit a similar summary of background, interests and hobbies of your lives that could be of interest to the other EV readers.

Send to:

- Phil Chapman <[pxchapman@gmail.com](mailto:pxchapman@gmail.com)>





## A Few Last Thoughts...

The world is big and changing fast. Here are a few articles which I thought might intrigue you and stimulate thought and discussion.

a) Biden's Plans:

To my knowledge Friedman's is the first interview in which Biden outlines his plans and priorities on major issues:

<https://www.nytimes.com/2020/12/02/opinion/biden-interview-mcconnell-china-iran.html?referringSource=articleShare>

b) China Policy:

This admittedly long October 1999 article is important because Jake Sullivan, the just appointed National Security Advisor in the Biden administration is its co-author. It therefore provides first-hand insight into what will probably be the Biden administration's thinking on this central subject. (Sure the Chinese will have dug it up as well!)

[https://www.foreignaffairs.com/articles/china/competition-with-china-without-catastrophe?fa\\_anthology=1126788](https://www.foreignaffairs.com/articles/china/competition-with-china-without-catastrophe?fa_anthology=1126788)

c) The forgotten female chess star who beat men 90 years before the 'Queen's Gambit':

A heartening story,,of a forgotten champion...

[www.washingtonpost.com/history/2020/11/28/vera-menchik-chess-queens-gambit-beth-harmon/](http://www.washingtonpost.com/history/2020/11/28/vera-menchik-chess-queens-gambit-beth-harmon/)

That's it for this issue...Till soon,

- George - [bearpat@comcast.net](mailto:bearpat@comcast.net)



*Green Mountain Hounds Gallop by EastView—photo by Max Kraus*