





# Residential Community Care Calendar January 2019

MS MeadowSweet  
 GS GardenSong  
 CR Community Room  
 T Terrace Dining Room  
 B Bistro

	Tuesday 1	Wednesday 2	Thursday 3	Friday 4	Saturday 5	
	<b>Deb C Off</b> 9:30 MS Greetings & News 10:00 GS Greetings & News 11:15 MS Stretch & Strength 12:30 Planning Time 1:15 GS New Year Collages 2:00 MS New Year Collages 3:00 GS Refreshments 3:30 GS Gentle Exercise 6:30 Neighborhood Movie  <b>New Year's Day</b>	9:30 MS Greetings & News 10:00 GS Greetings & News 11:15 MS Stretch & Strength 12:30 Planning Time 1:30 MS Social Prep 2:00 MS <b>Celebrate Jan. Birthdays Social</b> 3:00 MS Music with Chris & John 4:00 GS Refreshmnets 4:30 MS Word In A Word 6:00 GS Namaste 6:30 Neighborhood Movie	<b>Chris Off</b> 9:30 MS Greetings & News 10:00 GS Greetings & News 11:15 MS Stretch & Strength 12:30 Planning Time 1:30 GS Prep for Ride 2:00 GS Bus Ride 2:30 MS Canvas Painting 3:30 GS Refreshments 4:00 GS Gentle Exercise 4:30 MS Word Games 6:00 GS Namaste 6:30 Neighborhood Movie	9:30 MS Greetings & News 10:00 GS Greetings & News 11:15 MS Stretch & Strength 12:30 Planning Time 1:30 GS A Reading 1:45 MS Guest Reader John Beattie 3:30 B <b>Happy Hour featuring</b> Rick Ceballos with Fiddler Lausanne Allen 6:00 GS Namaste 6:30 Neighborhood Movie	Shawn 10:30-4:00 10:30 MS Greetings & News 10:45 GS Greetings & News 11:15 MS Stretch & Strength 1:00 MS Vermont History 2:00 GS Vermont History 3:00 GS Refreshments 3:30 GS Gentle Exercise 6:30 Neighborhood Movie	
Sunday 6	Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11	Saturday 12
Shawn 10:30-4:00 10:30 MS Greetings & News 10:45 GS Greetings & News 11:15 MS Stretch & Strength 1:00 MS This Day In History 2:00 GS Piano Sing - A - Long 3:00 GS Refreshments 3:30 GS Gentle Exercise 6:30 Neighborhood Movie	<b>Debbie Off</b> CL Begins at 11:00 11:15 MS Stretch & Strength 12:30 Planning Time 1:00 GS A Reading 1:45 MS Tea Time 3:00 MS Music with Chris 4:00 GS Refreshments 4:30 MS Word In A Word 6:00 GS Namaste 6:30 Neighborhood Movie	<b>Debbie Off</b> CL Begins at 11:00 11:15 MS Stretch & Strength 12:30 Planning Time 1:00 GS Poetry Reading 2:00 MS Scenic Ride 2:30 GS Craft Activity 3:30 GS Refreshments 4:00 GS Gentle Exercise 4:30 MS Trivia 6:00 GS Namaste 6:30 Neighborhood Movie	9:30 MS Greetings & News 10:00 GS Greetings & News 11:15 MS Stretch & Strength 12:30 Planning Time 1:00 MS Prep for Social 1:45 MS <b>The Year is...1952 Social</b> 3:00 MS Music with Chris & John 4:00 GS Refreshments 4:30 MS Word Games 6:00 GS Namaste 6:30 Neighborhood Movie	9:30 MS Greetings & News 10:00 GS Greetings & News 11:15 MS Stretch & Strength 12:30 Planning Time 1:15 MS Piano Music with Frances 1:30 GS Prepare for ride 2:00 GS Scenic Ride 3:15 GS Refreshments 4:00 GS Gentle Exercise 4:30 MS Word In A Word 6:00 GS Namaste 6:30 Neighborhood Movie	Debbie 9:30-4:30 9:30 MS Greetings & News 10:00 GS Greetings & News 11:15 MS Stretch & Strength 12:30 Planning Time 1:30 GS A Reading 1:45 MS Guest Reader 3:30 B <b>Happy Hour featuring</b> Margie & Jim "Bluebrass" 6:00 GS Namaste 6:30 Neighborhood Movie	Debbie 9:30-4:30 9:30 MS Greetings & News 10:00 GS Greetings & News 11:15 MS Stretch & Strength 1:00 GS Card Games 2:00 MS Scrapbooking 3:00 GS Refreshments 3:30 GS Gentle Exercise 6:30 Neighborhood Movie

Sunday 13	Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18	Saturday 19
Debbie 9:30-4:30 <b>9:30</b> MS Greetings & News <b>10:00</b> GS Greetings & News <b>11:00</b> MS Community Church Service <b>11:30</b> MS Short Stretch & Strength <b>1:00</b> GS Picture Story Telling <b>2:00</b> MS Pictionary <b>3:00</b> GS Refreshments <b>3:30</b> GS Gentle Exercise <b>6:30</b> Neighborhood Movie	Debbie Off CL Begins at 11:00 <b>11:15</b> MS Stretch & Strength <b>12:30</b> Planning Time <b>1:00</b> GS A Reading <b>1:45</b> MS Tea Time <b>3:00</b> MS Music <b>4:00</b> GS Refreshments <b>4:30</b> MS Word Games <b>6:00</b> GS Namaste <b>6:30</b> Neighborhood Movie	Debbie Off CL begins at 11:00 <b>11:15</b> MS Stretch & Strength <b>12:30</b> Planning Time <b>1:00</b> GS Poetry Reading <b>2:00</b> MS Scenic Ride <b>2:30</b> GS Craft Activity <b>3:30</b> GS Refreshments <b>4:00</b> GS Gentle Exercise <b>4:30</b> MS Word In A Word <b>6:00</b> GS Namaste <b>6:30</b> Neighborhood Movie	<b>9:30</b> MS Greetings & News <b>10:00</b> GS Greetings & News <b>11:15</b> MS Stretch & Strength <b>12:30</b> Planning Time <b>1:00</b> MS Prep for Social <b>2:00</b> MS <b>Strawberry Ice Cream Social</b> <b>3:30</b> MS Music with Chris & John <b>4:00</b> GS Refreshments <b>4:30</b> MS Trivia <b>6:00</b> GS Namaste <b>6:30</b> Neighborhood Movie	<b>9:30</b> MS Greetings & News <b>10:00</b> GS Greetings & News <b>11:15</b> MS Stretch & Strength <b>12:30</b> Planning Time <b>1:15</b> GS Piano Music with Frances <b>1:30</b> MS Episcopal Eucharist Church <b>2:00</b> GS Scenic Ride <b>3:30</b> GS Refreshments <b>4:00</b> GS Gentle Exercises <b>4:30</b> MS Word In A Word <b>6:00</b> GS Namaste <b>6:30</b> Neighborhood Movie	<b>9:30</b> MS Greetings & News <b>10:00</b> GS Greetings & News <b>11:15</b> MS Stretch & Strength <b>12:30</b> Planning Time <b>1:30</b> GS A Reading <b>1:45</b> MS Guest Reader <b>3:30</b> B <b>Happy Hour featuring Beth Duquette &amp; Richard Ruane</b>  <b>6:00</b> GS Namaste <b>6:30</b> Neighborhood Movie	Shawn 10:30-4:30 <b>10:30</b> MS Greetings & News <b>10:45</b> GS Greetings & News <b>11:15</b> MS Stretch & Strength <b>1:00</b> MS Short Stories <b>2:00</b> GS Travel Stories <b>3:00</b> GS Refreshments <b>3:30</b> GS Gentle Exercise <b>6:30</b> Neighborhood Movie
Sunday 20	Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25	Saturday 26
Shawn 10:30-4:30 <b>10:30</b> MS Greetings & News <b>10:45</b> GS Greetings & News <b>11:15</b> MS Stretch & Strength <b>1:00</b> MS Current Events <b>2:00</b> GS Painting with Shawn <b>3:00</b> GS Refreshments <b>3:30</b> GS Gentle Exercise <b>6:30</b> Neighborhood Movie	Debbie Off CL Begins at 11:00 <b>Martin Luther King Jr. Day</b> <b>11:15</b> MS Stretch & Strength <b>12:30</b> Planning Time <b>1:15</b> GS "I Have a Dream" MLK <b>1:45</b> MS Tea Time <b>3:00</b> MS Music <b>4:00</b> GS Refreshments <b>4:30</b> MS Word Games <b>6:00</b> GS Namaste <b>6:30</b> Neighborhood Movie	<b>9:30</b> MS Greetings & News <b>10:00</b> GS Greetings & News <b>11:15</b> MS Stretch & Strength <b>12:30</b> Planning Time <b>1:15</b> GS Chicken Soup for the Soul <b>2:00</b> MS Scenic Ride <b>2:30</b> GS Scrapbooking <b>3:00</b> GS Refreshments <b>4:00</b> GS Gentle Exercises <b>4:30</b> MS Word In A Word <b>6:00</b> GS Namaste <b>6:30</b> Neighborhood Movie	<b>9:30</b> MS Greetings & News <b>10:00</b> GS Greetings & News <b>11:15</b> MS Stretch & Strength <b>12:30</b> Planning Time <b>1:00</b> MS Prep for Social <b>2:00</b> MS <b>Make Hats/National Hat Day 1/25/19</b> <b>3:00</b> MS Music with Chris & John <b>4:00</b> GS Refreshments <b>4:30</b> MS Trivia <b>6:00</b> GS Namaste <b>6:30</b> Neighborhood Movie	<b>9:30</b> MS Greetings & News <b>10:00</b> GS Greetings & News <b>11:15</b> MS Stretch & Strength <b>12:30</b> Planning Time <b>1:15</b> MS Piano Music with Frances <b>1:30</b> GS Prep For Bus Ride <b>2:00</b> GS Bus Ride <b>2:30</b> MS Make Hats for National Hat Day <b>3:30</b> GS Refreshments <b>4:00</b> GS Gentle Exercises <b>4:30</b> MS Word Games <b>6:00</b> GS Namaste <b>6:30</b> Neighborhood Movie	Deb C Off <b>9:30</b> MS Greetings & News <b>10:00</b> GS Greetings & News <b>11:15</b> MS Stretch & Strength <b>12:30</b> Planning Time <b>1:00</b> GS A Reading <b>1:45</b> MS Guest Speaker <b>3:30</b> B <b>Happy Hour featuring Ted Wesley</b>  <b>6:00</b> GS Namaste <b>6:30</b> Neighborhood Movie <b>National Hat Day</b>	Deb 10:00-4:30 <b>10:30</b> MS Greetings & News <b>11:15</b> MS Stretch & Strength <b>1:00</b> GS Walks <b>2:00</b> MS Music with Dottie & Steve <b>3:00</b> GS Refreshments <b>4:00</b> GS Stretch & Strength <b>6:30</b> Neighborhood Movie
Sunday 27	Monday 28	Tuesday 29	Wednesday 30	Thursday 31		
Deb C 10:00-4:30 <b>10:30</b> Greetings & News <b>11:00</b> MS Community Church Service <b>1:00</b> GS Watercolor Painting <b>1:30</b> MS Paint on Canvas <b>3:00</b> GS Refreshments <b>3:30</b> GS Stretch & Strength <b>6:30</b> Neighborhood Movie	Debbie Off CL Begins at 11:00 <b>11:15</b> MS Stretch & Strength <b>12:30</b> Planning Time <b>1:15</b> GS Poetry Reading <b>1:45</b> MS Tea Time <b>3:00</b> MS Music <b>4:00</b> GS Refreshments <b>4:30</b> MS Word In A Word <b>6:00</b> GS Namaste <b>6:30</b> Neighborhood Movie	Deb C Off <b>9:30</b> MS Greetings & News <b>10:00</b> GS Greetings & News <b>11:15</b> MS Stretch & Strength <b>12:30</b> Planning Time <b>1:15</b> GS States Trivia <b>2:00</b> MS Bus Ride <b>2:15</b> GS Nature Documentary <b>3:30</b> GS Refreshments <b>6:30</b> Neighborhood Movie	<b>9:30</b> MS Greetings & News <b>10:00</b> GS Greetings & News <b>11:15</b> MS Stretch & Strength <b>1:15</b> GS Prep for Social <b>1:45</b> MS Winter Social <b>3:00</b> MS Music with Chris & John <b>4:00</b> GS Refreshments <b>4:30</b> MS Trivia <b>6:00</b> GS Namaste <b>6:30</b> Neighborhood Movie	<b>9:30</b> MS Greetings & News <b>10:00</b> GS Greetings & News <b>11:15</b> MS Stretch & Strength <b>12:30</b> Planning Time <b>1:30</b> GS Prep for Bus Ride <b>2:00</b> GS Scenic Ride <b>2:15</b> MS Afternoon Games & Puzzles <b>3:30</b> GS Refreshments <b>4:00</b> GS Gentle Exercises <b>4:30</b> MS Word Games <b>6:00</b> GS Namaste <b>6:30</b> Neighborhood Movie	*** <b>Calendar Subject to change</b>	